فهرست منابع

Abernethy, B., Hanrahan, S., Kippers, V., et al.: 2004. the Biophysical Foundations of Human Movement. Human Kinetics, Champaign, IL

Adson, A.W., Coffey, J.R.: 1927. 'Cervical rib. A method of anterior approach for relief of symptoms by division of the scalenus anticus.' Ann Surg; 85:839–857

Anekstein, Y., Blecher, R., Smorgick, Y., Mirovsky, Y., et al.: 2012. 'What is the best way to apply the Spurling test for cervical radiculopathy.' Clin Orthop Relat Res; 470(9): 2566–2572

Aszmann, O.C., Dellon, A.L., Birely, B.T., et al.: 1996. 'Innervation of the human shoulder joint and its implications for surgery.' Clin Orthop Relat Res; 330:202–207

Basmajian, J.V., De Luca, C.J.: 1979. Muscles Alive: their Functions Revealed by Electromyography, 5th edn. Williams & Wilkins, Baltimore, MD, pp. 386–387

Bigliani, L.U., Levine, W.N.: 1997. 'Subacromial impingement syndrome.' J Bone Joint Surg Am; 79:1854–1868

Bigliani, L.U., Morrison, D.S., April, E.W.: 1986. 'the morphology of the acromion and its relationship to rotator cuff tears.' Ortho Trans; 10:228

Boyle, J.J.: 1999. 'Is the pain and dysfunction of shoulder impingement lesion really second rib syndrome in disguise? Two case reports.' Man ther; 4(1):44–48

Bridgman, J.F.: 1972. 'Periarthritis of the shoulder and diabetes mellitus.' Ann Rheum Dis; 31:69

Brossmann, J., et al.: 1996. 'Shoulder impingement syndrome: in uence of shoulder position on rotator cuff impingement – an anatomic study.' Am J Roentgenol; 167(6):1511–1515

Calliet, R.: 1991. Shoulder Pain, 3rd edn. F.A. Davis Company, Philadelphia

Capobianco, S., van den Dries, G.: 2009. Power Taping, 2nd edn. Rocktape inc., USA

Chek, P.: 2009. An Integrated Approach to Stretching. C.H.E.K. Institute, Vista, CA

Codman, E.A.: 1934. the Shoulder. thomas Todd, Boston

Colvin, A.C., Egorova, N., Harrison, A.K., Moskowitz, A., Flatow, E.L.:
2012. 'National trends in rotator cuff repair.' J Bone Joint Surg Am; 94:227–233

Duplay, S.: 1906. 'De la Peri-arthrite scapulo humerale.' Reveue Practicien de trav de Med; 53:226

Earl, J.E.: 2005. 'Gluteus medius activity during three variations of isometric single- leg stance.' J Sport Rehabil; 14:1–11

Fratocchi, G., Mattia, F.D., Rossi, R., et al.: 2012. 'In uence of Kinesio Taping applied over biceps brachii on isokinetic elbow peak torque. A placebo controlled study in a population of young healthy subjects.' J Sci Med Sport; 16(3):245–249

Gerber, C., Krushell, R.J.: 1991. 'Isolated rupture of the tendon of the subscapularis muscle: clinical features in 16 cases.' J Bone Joint Surg Am; 73:389–394

Gibbons, J.: 2008. 'Preparing for glory.' International therapist; 81:14–16

Gibbons, J.: 2009. 'Putting maximus back into the gluteus.' International therapist; 87:32–33

Gibbons, J.: 2011. Muscle Energy Techniques: A Practical Guide for Physical therapists. Lotus Publishing, Chichester, UK

Gibbons, J.: 2014. the Vital Glutes: Connecting the Gait Cycle to Pain and Dysfunction. Lotus Publishing/North Atlantic Books, Chichester, UK/Berkeley, CA

Gibbons, J.: 2015. A Practical Guide to Kinesiology Taping. Lotus Publishing/North Atlantic Books, Chichester, UK/Berkeley, CA

Gibbons, J.: 2016. Functional Anatomy of the Pelvis and Saroiliac Joint. Lotus Publishing/North Atlantic Books, Chichester, UK/Berkeley, CA

Gillard, J., Perez-Cousin, M., Hachulla, E., et al.: 2001. 'Diagnosing thoracic outlet syndrome: contribution of provocation tests, ultrasonography, electrophysiology, and helical computed tomography in 48 patients.' Joint Bone Spine; 68:416–424

Gleason, P.D., Beall, D.P., Sanders, T.G.: 2006. 'the transverse humeral ligament: a separate anatomical structure or a continuation of the osseous attachment of the rotator cuff.' Am J Sports Med; 34:72–77

Gonzalez-Iglesias, J., Fernandez-de-les-Penas, C., Cleland, J., et al.: 2009. 'Short term effects of cervical kinesiology taping on pain and cervical range of motion in patients with acute whiplash injury: a randomized clinical trial.' J Orthop Sports Phys ther; 39(7):515–521

Goodman, C., Snyder, T.: 2007. 'Differential diagnosis for physical therapists.' Saunders Elsevier, Pennsylvania, USA

Gracovetsky, S.: 1988. the Spinal Engine. Springer-Verlag, New York

Hammer, W.: 1991. Functional So Tissue Examination and Treatment by Manual Methods. Aspen Publishers, New York, USA

Hawkins, R.J., Kennedy, J.C.: 1980. 'Impingement syndrome in athletes.' Am J Sports Med; 8:151–158

Holtby, R., Razmjou, H.: 2004. 'Validity of the supraspinatus test as a single clinical test in diagnosing patients with rotator cuff pathology.' J Orthop Sports Phys ther; 34(4):194–200

Hsu, Y.H., Chen, W.Y., Lin, H.C., et al.: 2009. 'the effects of taping on scapula kinematics and muscle performance in baseball players with shoulder impingement syndrome.' J Electromyogr Kinesiol; 19(6):1092– 1099

Ide, K., Shirai, Y., Ito, H.: 1996. 'Sensory nerve supply in the human subacromial bursa.' J Shoulder Elbow Surg; 5:371–382

Inman, V.T., Saunders, M., Abbott, L.C.: 1944. 'Observations on the function of the shoulder joint.' J Bone Joint Surg Am; 26:1–30

Inman, V.T., Ralston, H.J., Todd, F.: 1981. Human Walking. Williams & Wilkins, Baltimore, MD

Ireland, M.L., Wilson, J.D., Ballantyne, B.T., Davis, I.M.: 2003. 'Hip strength in females with and without patellofemoral pain.' J Orthop Sports Phys ther; 33:671–676

Janda, V.: 1983. 'On the concept of postural muscles and posture.' Aust J Physiother; 29: S83–S84

Janda, V.: 1987. 'Muscles and motor control in low back pain: assessment and management', in L.T. Twomey (ed.), Physical therapy of the Low Back. Churchill Livingstone, New York, pp. 253–278

Janda, V.: 1988. 'Muscles and cervicogenic pain syndromes', in R. Grand
(ed.), Physical therapy of the Cervical and thoracic Spine. Churchill Livingstone, New York, pp. 153–166

Janda, V.: 1992. 'Treatment of chronic low back pain.' J Man Med; 6:166– 168

Janda, V.: 1993. 'Muscle strength in relation to muscle length, pain, and muscle imbalance', in Muscle Strength, vol. 8 of International Perspectives in Physical therapy, ed. K. Harms-Ringdahl. Churchill Livingstone, Edinburgh, pp. 83–91

Janda, V.: 1996. 'Evaluation of muscular imbalance', in C. Liebenson (ed.), Rehabilitation of the Spine: A Practitioner's Manual. Lippincott, Williams
& Wilkins, Baltimore, MD, pp. 97–112

Jobe, F.W., Moynes, D.R.: 1982. 'Delineation of diagnostic criteria and a
rehabilitation program for rotator cuff injuries.' Am J Sports Med; 10(6):336–339

Jobe, F.W. et al.: 1983. 'An EMG analysis of the shoulder in throwing and pitching: a preliminary report.' Am J Sports Med; 2(1):3

Judge, A., Murphy, R.J., Maxwell, R., Arden, N.K., Carr, A.J.: 2014. 'Temporal trends and geographical variation in the use of subacromial decompression and rotator cuff repair of the shoulder in England.' Bone Joint J; 96-B:70–74

Karatas, N., Bicici, S., Baltaci, G., et al.: 2011. 'the effect of Kinesio Tape application on functional performance in surgeons who have musculo-skeletal pain after performing surgery.' Turkish Neurosurgery; 22(1):83– 89

Kaya, E., Zinnuroglu, M., Tugcu, I.: 2011. 'Kinesio taping compared to physical therapy modalities for the treatment of shoulder impingement.' Clin Rheumatol; 30(2):201–207

Kelly, B.T., Kadrmas, W.R., Speer, K.P.: 1996. 'the manual muscle examination for rotator cuff strength. An electromyographic investigation.' Am J Sports Med; 24(5):581–588

Kendall, F.P., McCreary, E.K., Provance, P.G., et al.: 2010. Muscle Testing and Function with Posture and Pain, 5th edn. Lippincott, Williams & Wilkins, Baltimore, MD

Lee, D.G.: 2004. the Pelvic Girdle: An Approach to the Examination and Treatment of the Lumbopelvic-Hip Region. Churchill Livingstone, Edinburgh

Lewis, J.: 2009. Rotator cuff tendinopathy/subacromial impingement syndrome: is it time for a new method of assessment. Br J Sports Med; 43:259–264

Lewis, J.S., Tennent, T.D.: 2007. 'How effective are diagnostic tests for the assessment of rotator cuff disease of the shoulder?', in D. MacAuley, T.M. Best (eds), Evidence-Based Sports Medicine, 2nd edn. Blackwell Publishing, London

Lewis, J.S., Wright, C., Green, A.: 2005. 'Subacromial impingement syndrome: the effect of changing posture on shoulder range of movement.' J Orthop Sports Phys ther; 35:72–87

Lollino, N., Brunocilla, P., Poglio, F., et al.: 2012. 'Non-orthopaedic causes of shoulder pain: what the shoulder expert must remember.' Musculoskeletal Surg; 96(Suppl 1):S63–S68

Ludewig, P.M., Cook, T.M.: 2002. 'Translations of the humerus in persons with shoulder impingement symptoms.' J Orthop Sports Phys ther; 32(6):248–259

Malanga, G.A., Nadler, S.F.: 2006. Musculoskeletal Physical Examination: An Evidence-Based Approach. Mosby, Philadelphia, pp. 50–51

Martin, C.: 2002. Functional Movement Development, 2nd edn. W.B. Saunders, London
Naffziger, H.C., Grant, W.T.: 1938. 'Neuritis of the brachial plexus mechanical in origin. the scalene syndrome.' Surg Gynecol Obstet; 67:722
Neer, C.S., 2nd: 1972. 'Anterior acromioplasty for the chronic impingement syndrome in the shoulder: a preliminary report.' J Bone Joint Surg Am; 54(1):41–50
Neer, C.S., 2nd: 1983. Impingement lesions. Clin Orthop Relat Res; 173:70– 77
Novak, C.B., Mackinnon, S.E.: 1996. 'thoracic outlet syndrome.' Occupational Disorder Management; 27(4):747–762
O'Brien, S.J., Pagnani, M.J., Fealy, S., McGlynn, S.R., Wilson, J.B.: 1998. the active compression test: a new and effective test for diagnosing
labral tears and acromioclavicular joint abnormality. Am J Sports Med; 26:610–613
Osar, E.: 2012. Corrective Exercise Solutions to Common Hip and Shoulder Dysfunction. Lotus Publishing, Chichester, UK
Ozaki, J., Fujimoto, S., Nakagawa, Y., Masuhara, K., Tamai, S.: 1988. 'Tears of the rotator cuff of the shoulder associated with pathological changes in the acromion. A study in cadavera.' J Bone Joint Surg Am; 70:1224– 1230
Page, P., Frank, C.C., Lardner, R.: 2010. Assessment and Treatment of Muscle Imbalance: the Janda Approach. Human Kinetics, Champaign, IL
Paine, R., Voight, M.L.: 2013. 'the role of the scapula.' Int J Sports Phys ther; 8:617–629
Perry, J.: 1988. 'Biomechanics of the shoulder', in C.R. Rowe (ed.), the Shoulder. Churchill Livingstone, New York, pp. 17–33
Plewa, M.C., Delinger, M.: 1998. 'the false positive rate of thoracic outlet
syndrome shoulder maneuvers in healthy individuals.' Acad Emerg Med; 5:337–342
Rezzouk, J., Uzel, M., Lavignolle, B., Midy, D., Durandeau, A.: 2004. 'Does the motor branch of the long head of the triceps brachii arise from the radial nerve?' Surg Radiol Anat; 26(6):459–461
Richardson, C., Jull, G., Hodges, P., Hides, J.: 1999. therapeutic Exercise for Spinal Segmental Stabilization in Low Back Pain: Scienti c Basis and Clinical Approach. Churchill Livingstone, Edinburgh
Richardson, C.A., Snijders, C.J., Hides, J.A., et al.: 2002. 'the relationship between the transversely oriented abdominal muscles, sacroiliac joint mechanics and low back pain.' Spine; 27(4):399–405
Rob, C.G., Standeven, A.: 1958. 'Arterial occlusion complicating thoracic outlet compression syndrome.' Br Med J; 2:709–712
Roos, D.: 1996. 'Historical perspectives and anatomic considerations. thoracic outlet syndrome.' Semin thorac Cardiovasc Surg; 8(2):183–189
Rundquist, P., Anderson, D.D., Guanche, C.A., et al.: 2003. 'Shoulder
kinematics in subjects with frozen shoulder.' Arch Phys Med Rehabil; 84:1473–1479
Sherrington, C.S.: 1907. 'On reciprocal innervation of antagonistic muscles.' Proc R Soc Lond [Biol]; 79B:337
Siff, M.: 2003. Supertraining. 5th edn. Supertraining Institute, p. 244 Spurling, R.S., Scoville, W.B.: 1944. 'Lateral rupture of the cervical
intervertebral discs: a common cause of shoulder and arm pain.' Surg Gynecol Obstet; 78:350–358
thelen, M.D., Dauber, J.A., Stoneman, P.D.: 2008. 'the clinical efficacy of kinesio tape for shoulder pain: a randomized, double-blinded, clinical trial.' J Orthop Sports Phys ther; 38(7):389–395
thomas, C.L.: 1997. Taber's Cyclopaedic Medical Dictionary, 18th edn. F.A. Davis, Philadelphia, USA
Umphred, D.A., Byl, N., Lazaro, R.T., Roller, M.: 2001. 'Interventions for neurological disabilities', in D.A. Umphred (ed.), Neurological Rehabilitation, 4th edn. Mosby, St Louis, MO, pp. 56–134
Vanti, C., Natalini, L., Romeo, A., Tosarelli, D., Pillastrini, P.: 2007. 'Conservative treatment of thoracic outlet syndrome: a review of the literature.' Eura Medicophys; 43:55–70
Vleeming, A., Stoeckart, R.: 2007. 'the role of the pelvic girdle in coupling the spine and the legs: a clinical-anatomical perspective on pelvic stability', in Vleeming et al., Movement, Stability and Lumbopelvic Pain: Integration of Research and therapy, Churchill Livingstone, Edinburgh, pp. 113–137
Vleeming, A., Stoeckart, R., Snijders, D.J.: 1989a. 'the sacrotuberous ligament: a conceptual approach to its dynamic role in stabilizing the
sacroiliac joint.' Clin Biomech; 4, 200–203
Vleeming, A., Van Wingerden, J.P., Snijders, C.J., et al.: 1989b. 'Load application to the sacrotuberous ligament: In uences on sacroiliac joint mechanics.' Clin Biomech; 4, 204–209
Vleeming, A., Stoeckart, R., Volkers, A.C.W., et al.: 1990a. 'Relation between form and function in the sacroiliac joint. Part 1: Clinical anatomical aspects.' Spine; 15(2):130–132
Vleeming, A., Volkers, A.C.W., Snijders, C.J., Stoeckart, R.: 1990b. 'Relation between form and function in the sacroiliac joint. Part 2: Biomechanical aspects.' Spine; 15(2):133–136
Vleeming, A., Snijders, C.J., Stoeckart, R., et al.: 1995. 'A new light on low back pain.' Proceedings of the Second Interdisciplinary World Congress on Low Back Pain, San Diego, CA
Vleeming, A., Mooney, V., Dorman, T., et al. (eds): 1997. Movement, Stability and Lower Back Pain: the Essential Role of the Pelvis. Churchill Livingstone, Edinburgh, pp. 425–431
Vleeming, A., Mooney, V., Stoeckart, R. (eds): 2007. Movement, Stability and Lumbopelvic Pain: Integration of Research and therapy. Churchill Livingstone, Edinburgh
Willard, F.H., Vleeming, A., Schuenke, M.D., et al.: 2012. 'the thoracolumbar fascia: anatomy, function and clinical considerations.' J Anat; 221(6):507–536
Yasojima, T., Kizuka, T., Noguchi, H., Shiraki, H., Mukai, N., Miyanaga, Y.: 2008. 'Differences in EMG activity in scapular plane abduction under variable arm positions and loading conditions.' Med Sci Sports Exerc; 40(4):716–721