

## **Resources**

### **ASSOCIATIONS**

Alliance for Massage Therapy Education (Massage Educators), AFMTE.org

American Massage Therapy Association (Insurance and Magazine), AMTAMassage.org

Associated Bodywork & Massage Professionals (Insurance and Magazine), ABMP.com

Massage Therapy Foundation (Research), MassageTherapyFoundation.org

### **BOOKS**

Allen, Laura, LMBT. Plain & Simple Guide to Therapeutic Massage & Bodywork Examinations. LWW; 2nd edition, January 7, 2009.

Beck, Mark F. Theory & Practice of Therapeutic Massage.

Milady; 5th edition, April 23, 2010.

Biel, Andrew. Trail Guide to the Body: How to Locate Muscles, Bones and More. Books of Discovery; 5th edition, November 6, 2014. Fritz, Sandy, BS MS NCTMB. Mosby's Fundamentals of Therapeutic Massage. Mosby; 6th edition, April 4, 2016.

Fritz, Sandy. Sports & Exercise Massage: Comprehensive Care for Athletics, Fitness, & Rehabilitation. Mosby, 2013.

Lowe, Whitney W. LMT. Orthopedic Massage: Theory and Technique. Churchill Livingstone; 2nd edition, April 20, 2009.

Myers, Thomas W. Anatomy Trains: Myofascial Meridians for Manual and Movement Therapists. Churchill Livingstone; 3 edition, February 25, 2014.

Osborne, Carole, CMT NCBTMB. Pre- and Perinatal Massage Therapy: A Comprehensive Guide to Prenatal, Labor, and Postpartum Practice. LWW; 2nd edition, March 4, 2011.

Sohnen-Moe, Cherie M. Business Mastery: A Guide for Creating a Fulfilling, Thriving Business and Keeping it Successful. Sohnen-Moe Associates, Inc; 4th edition, January 1, 2008. Thompson, Diana L. LMP. Hands Heal: Communication, Documentation, and Insurance Billing for Manual Therapists. LWW; 4th edition, July 5, 2011.

Upledger, John E. Craniosacral Therapy. Eastland Pr; 1st edition, February 1, 1983.

Werner, Ruth, LMP NCTMB. A Massage Therapist's Guide to Pathology: Critical Thinking and Practical Application. LWW; 6th edition, July 30, 2015.

### **WEBSITES**

MassageToday.com

MassageMag.com

### **MESSAGE SUPPLIES**

EarthLite.com

MassageWarehouse.com/ CustomCraftworks.com/ Bodyworkmall.com

### **ESSENTIAL OILS**

WyndmereNaturals.com

NowFoods.com/essential-oils

### **References**

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