

منابع فصل دوم کلسیم

- Calcium requirements for the athlete DOI: 10.1097/01.csmr.0000306208.56939.01
- Far-Infrared Ameliorates Pb-Induced Renal Toxicity via Voltage-Gated Calcium Channel-Mediated Calcium Influx DOI: 10.3390/ijms242115828
- Human Osteoblasts' Response to Biomaterials for Subchondral Bone Regeneration in Standard and Aggressive Environments DOI: 10.3390/ijms241914764
- Mitochondria and Brain Disease: A Comprehensive Review of Pathological Mechanisms and Therapeutic Opportunities DOI: 10.3390/biomedicines11092488
- Nutritional factors of bone health in athletes DOI: 10.33029/0042-8833-2023-92-3-25-35
- Effects of calcium supplementation to resuscitation fluids in endurance horses: A randomized, blinded, clinical trial DOI: 10.1111/jvim.16715
- Skeletal muscle atrophy, regeneration, and dysfunction in heart failure: Impact of exercise training DOI: 10.1016/j.jshs.2023.04.001

فصل سوم فسفر

- Undeveloped till soils in scree areas are an overlooked important phosphorus source for waters in alpine catchments DOI: 10.1038/s41598-023-42013-4
- Structural Perturbation of Monomers Determines the Amyloid Aggregation Propensity of Calcitonin Variants DOI: 10.1021/acs.jcim.2c01202
- Magnetic field therapy enhances muscle mitochondrial bioenergetics and attenuates systemic ceramide levels following ACL reconstruction: Southeast Asian randomized-controlled pilot trial DOI: 10.1016/j.jot.2022.09.011
- Stratified-structural hydrogel incorporated with magnesium-ion-modified black phosphorus nanosheets for promoting neuro-vascularized bone regeneration DOI: 10.1016/j.bioactmat.2022.02.024
- Contralateral fatigue during severe-intensity single-leg exercise: influence of acute acetaminophen ingestion DOI: 10.1152/ajpregu.00084.2019
- Influence of a physical exercise until exhaustion in normothermic and hyperthermic conditions on serum, erythrocyte and urinary concentrations of magnesium and phosphorus DOI: 10.1016/j.jtherbio.2018.12.020
- Differences in Muscle Metabolism Between Triathletes and Normally Active Volunteers Investigated Using Multinuclear Magnetic Resonance Spectroscopy at 7 DOI: 10.3389/fphys.2018.00300
- An analysis of selected risk factors of osteoporosis – dietary patterns and physical activity – in pubescent girls from the Lubelskie province

فصل چهارم منیزیم

- The Potential for the Use of Edible Insects in the Production of Protein Supplements for Athletes DOI: 10.3390/foods12193654
- Mechanical properties of a bioabsorbable magnesium interference screw for anterior cruciate ligament reconstruction in various testing bone materials DOI: 10.1038/s41598-023-39513-8
- Relationships among Physical Activity, Physical Function, and Food Intake in Older Japanese Adults Living in Urban Areas: A Cross-Sectional Study DOI: 10.3390/geriatrics8020041
- Nutritional intake of sport undergraduates in Sabaragamuwa University of Sri Lanka DOI: 10.1186/s40795-022-00662-0
- Relationship Between Nutritional Factors and Hip Bone Density in Individuals with Chronic Stroke DOI: 10.1007/s00223-017-0276-1
- Comparison of Nutritional Status in Different Type of Exercises

فصل پنجم سدیم

- The blood acid base and gastrointestinal response to three different forms of sodium citrate encapsulation DOI: 10.1080/15438627.2023.2286357
- Altered Metabolic Phenotypes and Hypothalamic Neuronal Activity Triggered by Sodium-Glucose Cotransporter 2 Inhibition DOI: 10.4093/dmj.2022.0261
- Nutrition, lifestyle, and cognitive performance in esports athletes DOI: 10.3389/fnut.2023.1120303
- A Comparison of Sodium Citrate and Sodium Bicarbonate Ingestion: Blood Alkalosis and Gastrointestinal Symptoms DOI: 10.1123/ijnsnem.2022-0083
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- Extracellular buffer choice influences acid-base responses and gastrointestinal symptoms DOI: 10.1080/15438627.2021.1896517
- Sodium L-Aspartate Supplementation Improves Repeated-Sprint Performance DOI: 10.3390/nu15245117
- Low-intensity exercise combined with sodium valproate attenuates kainic acid-induced seizures and associated comorbidities by inhibiting NF- κ B signaling in mice DOI: 10.3389/fneur.2022.993405
- Sodium and quantitative hydrogen parameter changes in muscle tissue after eccentric exercise and in delayed-onset muscle soreness assessed with magnetic resonance imaging DOI: 10.1002/nbm.4840
- Short-Term Supplementation of Sodium Nitrate vs. Sodium Chloride Increases Homoarginine Synthesis in Young Men Independent of Exercise DOI: 10.3390/ijms231810649

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