

واژه نامه انگلیسی به فارسی

Alpha Motor Neurons	نورون های حرکتی آلفا	Acute Trigger Points (TrPs)	نقاط ماسه ای حاد
Analgesia	بی حسی به درد (تحفیض درد)	Abdominal Core	هسته شکمی
Ankle Instability	نایابداری مج با	Abuse	استفاده نامناسب
Ankle Rocker	راکر مج پا	Accessory Muscles	عضلات کمکی
Antagonist	مخالف	Accessory Respiration	تنفس کمکی
Anterior Cruciate Ligament (ACL)	رباط متقاطع قدامی	Accessory Respiratory Muscles	عضلات تنفسی کمکی
Anterior Drawer Sign	علامت کشوبی قدامی	Aching Pain	دردناک
Anterior Hip Pain	درد قدام مفصل ران	ACL Deficiency	نقض رباط متقاطع قدامی
Anterior Knee Pain	درد قدام زانو	ACL Reconstructed	رباط متقاطع قدامی بازسازی
Anterior Slings	طناب های قدامی		شدہ
Anterior Weight Shift (AWS)	جا به جایی قدامی وزن	Activation	فعال سازی
Anticipatory Role	نقش پیش بین	Activation Threshold	آستانه فعال سازی
Aponeurotic	آپونوروزی	Activation Threshold	آستانه فعال سازی
Applied Kinesiology	حرکت شناسی کاربردی	Active Insufficiency	ناکارآمدی فعال
Arthrogenic Inhibition	مهار آرتروزئیک	Active Myofascial TrPs	نقاط ماسه ای مایوفاصلی فعال
Arthrogenic Weakness	ضعف آرتروزئیک	Active Postural Reactions	عكس العمل های وضعیتی فعال
Arthrogenous Weakness	ضعف آرتروزی	Active Scar	اسکار فعال
Arthrokinematic	آرتروکینماتیک	Active TrPs	نقاط ماسه ای فعال
Arthrokinematic Reflex	رفلکس آرتروکینماتیک	Activities Of Daily Living (ADL)	فعالیت های زندگی روزانه
Arthromyofascial	فاسیالی عضلانی مفصلی	Actual ROM	دامنه حرکتی حقیقی
Assessment of Posture	ارزیابی پوسچر	Acupuncture	طب سوزنی
Asymmetrical Tonic Neck Reflex (ATNR)	رفلکس تونیک متقارن گردن	Acute Lumbar Antalgia	درد خفیف حاد کمر
Atlanto-occipital Joint	مفصل اطلسی - پس سری	Adaptation	تطابق (سازگاری)
Autogenic Inhibitory Reflex	رفلکس مهار خود به خودی (آتوژنیک)	Adaptation Chains	زنگیره های تطابقی
Automatic Activation of Dynamic Stabilizers	فعال سازی خودکار ثبات دهنده های پویا	Adaptive Changes	تغییرات تطابقی
Automatic Motor Output	برونداد حرکتی خودکار	Adductor Notch	بریدگی نزدیک کننده
Automatic Postural Reactions	عکس العمل های وضعیتی خودکار	Afferent Feedback	بازخورد آوران
Automatic Postural Responses (APRs)	پاسخ های وضعیتی خودکار	Afferent Information	اطلاعات آوران
Awareness	آگاهی	Agonist	موافق
Balance Strategy	استراتژی (راهبرد) تعادل	Agonist Muscles	عضلات موافق
		Alar Ligament	رباط (لیگامنت) آلار
		Algometer	الگومتر
		All or None Principle	اصل همه یا هیچ

Cerebrovascular Accident	تصادف مغزی عروقی	Base of Support (BOS)	نکیه گاه
Cervical Flexion	خم شدن ستون فقرات گردنی	Basic Life Skills	مهارت‌های پایه زندگی
Cervical Flexion Test	آزمون خم شدن ستون فقرات گردنی	Basic Movement Patterns	الگوهای حرکتی پایه
Cervical Spine	ستون فقرات گردنی	Basic Movement Patterns	الگوهای حرکتی پایه
Cervicobrachial Pain	درد گردنی بازویی	Basic Reflexes for Gait	رفلکس‌های پایه رفتان
Chain Reaction	عکس العمل زنجیره ای	Basic Viscoelastic Properties of The Muscle	ویژگی‌های ویسکوالاستیک پایه عضله
Charleston Dance Pattern	الگوی رقص چارلستون	Basic Viscoelastic Properties of The Soft Tissues	ویژگی‌های ویسکوالاستیک پایه بافت نرم
Chest Breathers	تنفس سینه‌ای	Biochemical	بیوشیمیابی
Chin and Neck Angle	زاویه چانه و گردن	Biofeedback Pressure	فشار بیوفیدبک
Chronic Hip Pain	درد مزمن مفصل ران	Biomechanical Approach	رویکرد بیومکانیکی
Chronic Hyperventilation	اختلال تنفسی مزمن	Biomechanical demands	تقاضاهای بیومکانیکی
Chronic Low Back Pain	کمر درد مزمن	Biomechanical Function	عملکرد بیومکانیکی
Chronic Musculoskeletal Pain	درد اسکلتی عضلانی مزمن	Biomechanical Interactions	اعمال متقابل بیومکانیکی
Chronic Neck Pain	درد مزمن گردن	Biomechanical Paradigm	الگوی بیومکانیکی
Chronic Subluxation	دررفتگی ناقص مزمن	Biopsy	نمونه برداری سوزنی (ایپوسی)
Chronic Whiplash Disorders	اختلالات مزمن ضربه شلاقی	Biopsychosocial	زیستی روانی اجتماعی
Classic Manual Muscle Strength Testing	آزمودن دستی قدرت عضلانی کلاسیک	Biopsychosocial Approach	رویکرد زیستی روانی اجتماعی
Classic Sign	علامت کلاسیک	Bouncy	فرنی
Clicking	صدای تیک دادن	Bradykinins	برادی کینین ها
Clinical Indicators	نشانه های بالینی	Briigger Exercises	تمرینات بربیگر
Clinical Kinesiology	حرکت شناسی بالینی	Brunner Concept	مفهوم برانگر
Closed Kinetic Chain	زنجیره حرکتی بسته	Brunner Sitting Posture	وضعیت بدنی نشسته برانگر
Closed Reflex Loops	حلقه های رفلکس بسته	Brunner's Diagonal Loop	حلقه مورب برانگر
Closed-loop Reflexes	رفلکس های حلقه بسته	Brushing	برس کشیدن (براشینگ)
Co-contraction	انقباض هم زمان	Brushing and Tapping	برس کشیدن (براشینگ) و تپینگ (بانداز)
Cognition	شناخت	Capsular Afferent	آوران های کپسولی
Collateral Ligament	لیگامنت جانبی	Caudally	دُمی
Combined Gait Pattern	الگوی راه رفتان ترکیبی	Cavus Feet	کف پای قوس دار (افراش) قوس پا
Compensatory Chain Reaction	عکس العمل زنجیره ای جبرانی	Center of Gravity (COG)	مرکز ثقل (گرانش)
Compensatory Hyperactivity	بیش فعالی جبرانی	Center of Mass (COM)	مرکز جرم
Compensatory Movements	حرکات جبرانی	Center of Motion	مرکز حرکت
Compensatory Overactivation	فعالیت بیش از حد جبرانی	Central Motor Programming	برنامه ریزی حرکتی مرکزی
Compensatory Patterns	الگوهای جبرانی	Central Pattern Generators (CPGs)	مولدهای الگوی مرکزی
Compression	فشار	Centration of Joints	مرکز مفصل
Compression Force	نیروی فشاری	Cerebral Palsy (CP)	فلج مغزی
Compressive Stress	استرس های فشاری		



Directional Susceptibility to Movement (DSM)	حساسیت به جهت حرکت	Conscious Proprioception	حس عمقی هوشیارانه
Direction-specific Response	پاسخ ویژه جهت	Contractile	قابل انتباخت
Distal	دیستال	Contractile Muscle Fibers	تارهای عضلانی انتباختی
Distal Gait Pattern	الگوی راه رفتن دیستال	Contractile Muscle Tone	تون عضلانی انتباختی
Dorsal Muscles	عضلات پشتی	Contralateral	طرف مقابل
Dorsolateral Tracts	مسیرهای پشتی خارجی	Control	کنترل
Dose	میزان (دز)	Coordinated Movement Pattern	الگوی حرکتی هماهنگ شده
Double-Leg Lowering Test	آزمون پایین آوردن دو پا	Coper	کوپر
Dry Needling	نیدلینگ خشک	Cortical Level	سطح قشری
Dynamic Balance Testing	آزمون تعادی پویا	Cortical Levels	سطوح قشری
Dynamic Mechanisms	مکانیزم های داینامیک	Costovertebral Joint	مفصل دنده ای مهره ای
Dynamic Muscle	عضله پویا	Counterstrain	ضد استرین
Dynamic Scapular	ثبات پویای کتفی	Cramp	گرفتگی عضلانی (کرامپ)
Stabilization		Craniocervical Flexion (CCF)	خم شدن جمجمه ای گردنی
Dynamic Scapular Stabilizers	ثبت کننده های پویای کتفی	Craniomandibular	جمجمه ای فک اسفلای
Dynamic Stability	ثبت داینامیک	Crawling	چهار دست و پا رفتن
Dynamic Tension Exercises	تمرینات تنشی پویا	Creeping	سینه خیز رفتن
Dysfunction	دیسفنکشن (ناکارآمدی)	Critical Reflexes	رفلاکس های بحرانی
Dyskinesia	اختلال حرکتی (دیسکینزیس)	Crossed Extensor Reflex	رفلاکس باز کننده مقاطع
Eccentric Training	تمرین اکسنتریک	Crossover Training	تمرین مقاطع (ضربردی)
Efferent Information	اطلاعات وابران	Curling	گرد شدن
Efficient	کارآمد	Curl-up	دراز و نشست نیمه
Elastic	الاستیک	Cutaneous	پوستی
Elastic Quality	کیفیت الاستیک	Deafferentation	قطع اعصاب آوران
Electromyography (EMG)	الکتروموگرافی	Deep Intrinsic Spinal Muscles	عضلات عمقی درون مفصلي
Elongation	طویل سازی	Defective Motor Learning	ستون فقرات
Epidemic	اپیدمیک	Delayed Onset	یادگیری حرکتی ناقص
Equilibrium	توازن	Demanding Task	یادگیری حرکتی ناقص
Erythema	آریتمی (بی نظمی)	Delayed Onset	درد تا خبری
Etiology	سبب (علت) شناسی	Degeneration	تخریبی (دزئریشن)
Evaluation of Balance	ارزشیابی تعادل	Demanding Task	شروع تا خبری
Evaluation of Gait	ارزشیابی راه رفتن	Dermatome	تکلیف طاقت فرسا
Excessive Activity	فعالیت بیش از حد	Descending Inhibitory Pain Pathways	درماننم
Excessive Scapular Adduction	نزدیک کردن بیش از حد کتف	Detection of Motion	مسیرهای نزولی مهار درد
Excitability	برانگیختگی	Developmental Kinesiology	تشخیص حرکت
Excursion	چرخش	Developmental Syndrome	حرکت شناسی تکاملی
Expiration	بازدم	Digastrics	سندروم تکاملی
Extensibility	توسعه پذیری		دو بطني

Functional Activity	فعالیت عملکردی	Extensor Chain	زنگیره باز کننده
Functional Ankle Instability (FAI)	بی ثباتی عملکردی مج پا	Extensor Thrust Reaction	عکس العمل تراست باز کننده
Functional Compensation	جبران عملکردی	Exteroceptors	گیرندهای خارجی
Functional Connections of Muscles	ارتباطات عملکردی عضلات	Extrafusal Fibers	تارهای برون دوکی
Functional Joint Stability	ثبات عملکردی مفصل	Facilitate	تسهیل
Functional Movement	حرکت عملکردی	Facilitates Activation	تسهیل فعال سازی
Functional Neurological Chain Reaction	عکس العمل زنگیره ای عملکردی نوروولوزیکی	Facilitating Reciprocal Gait Patterns	الگوهای دو طرفه راه رفتن تسهیل کننده
Functional Pathology	پاتولوژی عملکردی	Facilitation of Antagonists	تسهیل عضلات مخالف (خم کننده ها)
Functional Postural Chains	زنگیره های وضعیتی عملکردی	Facilitatory	تسهیلی
Functional Strength	قدرت عملکردی	Facilitatory Reflexive	بازتابی (رفلکسی) تسهیلی
Functional Synergism	سینرژی (همکاری) عملکردی	Fascia	فاشیا
Gait Cycle	چرخه (سیکل) راه رفتن	Fascial Connections	ارتباطات فاشیایی
Gait Mechanic	مکانیک راه رفتن	Fast-twitch (Type II) Fibers	تارهای (نوع II) تند انقباض
Gamma Loop	حلقه گاما	Faulty Patterns	الگوهای غلط
Gamma Motor Neurons	نورونهای حرکتی گاما	Feedback	فیدبک (بازخورد)
Genu Recurvatum	بازشدن بیش از حد زانو	Feed-forward	فیدفوروارد (پیشخوراند)
Glenohumeral Ligaments	لیگامنت های گلنوهمرا	Feed-forward Mechanism	مکانیزم فیدفوروارد
Global	کلی (عمومی)	Feet	با
Global Postural Stability Deficits	نقص های کلی ثبات وضعیتی	Fibromyalgia	فیبرومالزیا
Gothic Shoulder	شانه گوتیک	Final Phase of the Movement	مرحله نهایی حرکت
Gradual end-feel Resistance	مقاومت تدریجی حس انتهایی	Fine Movements	حرکات طریف
Grasping	گرفتن	Firing	فر کانس تحریک (فایرینگ)
Gross Motor Function	عملکرد حرکتی درشت	Firing Pattern	الگوی فر کانس تحریک (فایرینگ)
Gross Movements	حرکات درشت	First Ray	به داخلی بخش داخلی با
Habitual Positions	وضعیتهای عادتی	Fixation	ثابت سازی
Head Position	وضعیت قرار گیری سر	Flexor Chain	زنگیره خم کننده
Head Protraction	پروترکشن سر	Flexor Reflex	رفلکس خم کننده
Hemiplegia	همی بلازی	Flossing	فلاسینگ
Highly Vascularized	بسیار پر عروق	Foot Posture	پوسیجر با
Hip Abduction	دور کردن مفصل ران	Foot pronation	پرونیشن با
Hip Drop	اُفت مفصل ران	Foot Slap	ضریه کف با
Hip Extension	باز کردن مفصل ران	Foot-flat	تماس کف با زمین
Hip Hike	بالا بردن مفصل ران	Force Coupling	جفت نیرو
Hip Hinge Exercises	تمرینات قرقه ای مفصل ران	Forefoot	بخش قدامی با
Histamine	هیستامین	Frank Injury	آسیب فرانک
Histological	بافت شناسی	Full range of motion	دامنه حرکتی کامل
		Functional	عملکردی



Input of Information	درونداد اطلاعات	Hooked Acromion	زایده آخر می قلابی
Insertion	(انصال (انتهای)	Hook-lying Position	وضعیت خوابیدن قلابی شکل
Insidious-onset	شروع نامشخص	Horizontal (Anatomic)	تطابق (آناتومیک) افقی
Inspiration	دَم	Adaptation	سندروم های عدم تعادل عضلانی هیبرید
Instantaneous Center of Rotation	مرکز چرخش آنی	Hybrid Muscle Imbalance Syndromes	هیدرو کینتیک
Interaction	عمل مقابله	Hydrokinetic	هایپر آلمسیا
Internal Rotation	چرخش داخلی	Hyperalgesia	هایپر هیدروزیس
Intertubercular Sulcus	ناودان دوسری	Hyperhydrosis.	هایپر بولاریزاسیون
Intrafusal Fibers	تارهای درون دوکی	Hyperpolarization	پرونیشن بیش از حد
Intramuscular	برون عضلانی	Hyperpronation	پاسخ های هایپر فلکسی تاندون
Inverted Cone	قیف (مخروط) معکوس	Hyperreflexive Tendon Responses	هایپر تونی
Ipsilateral	همان طرف	Hypertonia	هایپر تونیستیه
Irritability Threshold	آستانه تحريك پذیری	Hypertonicity	دارای هایپر تونیستیه
Irritable	تحريك پذیر	Hypertonus	تحرک بیش از حد
Ischemia	ایسکیمی	Hypomobility	هیپوبرونیشن
Isolated Segmental Reflexes	رفلکس های سگمنتال منفرد	Hypopronation	هیپوتون شدن
Joint Congruency	یکپارچگی مفصل	Hypotonia	هایپر تونی عضلانی - وتری - مفصلی
Joint Hypermobility	پر تحرکی (هایپرموبیلیتی) مفصل	Hypotonic Arthro-tendomyosis	هیپوتون یا مهار شده
Joint Mobilization Technique	تکنیک چند پذیری (موبیلیزیشن) مفصل	Hypotonic or Inhibited	وضعیت بدنی (بوسجر) ایده آل
Joint Stabilization	ثبات مفصل	Ideal Posture	گردن درد نامشخص
Kinematics	کینماتیک	Idiopathic Neck Pain	سندروم نوار خاصره ای درشت نی
Kinesthetic Sensations	احساسات حس حرکت	Iliotibial (IT) Band Syndrome	تمرس ناقص
Kinetic	کینتیک (جنبشی)		نقص
Kinetic Chains	زنگیره های حرکتی	Impaired Respiration	تمرينات ضربه ای
Kneading	ورز دادن	Impairment	افزایش تون یا اسپاستیسیته
Knee Instability	بی ثباتی زانو	Impulse Training	واسطه های التهابی
Knee Osteoarthritis	استئوآرتریت زانو	Inactivity	حفره تحت خاری
Knee Valgus	زانوی ضربدری	Increased Tone or Spasticity	کانال کشاله رانی
Latent Recruitment	فراخوانی نهفته	Inflammatory Mediators	مهار
Latent TrPs	نقاط ماسه ای نهفته	Infraspinatus Fossa	نورون های بینایینی مهاری
Lateral Muscular Pelvic Brace	بریس عضلات خارجی لگن	Inguinal Canal	بازنایی (فلکسی) تسهیلی
Lateral Pelvic Tilt	تیلت خارجی لگن	Inhibition	تماس اولیه
Lateral Pterygoid	استخوان کام خارجی	Inhibitory Interneuron	نوسان اولیه
Lateral Shift	جا به جایی خارجی	Inhibitory Reflexive	شروع حرکت
Lateral Weight Shift (LWS)	جا به جایی خارجی وزن	Initial Contact	
Lavator Notch	بریدگی بالابرندہ	Initial Swing	
Leg	ساق پا	Initiation of the Movement	

Maximal Activation	فعال سازی بیشینه	Leg-length Discrepancy (LLD)	اختلاف طول پا
Mechanical Stress	استرس مکانیکی	Length-tension Curve	منحنی طول-تنش
Mechanoreceptors	گیرنده های مکانیکی	Length-tension Relationship	رابطه طول-تنش
Medial Weight Shift (MWS)	جا به جایی داخلی وزن	Levator Notch	بریدگی بالابرنده
Meniscectomy	میتیسکتومی	Limb Advancement	بالا بودن تنہ
Microinstability	نایابداری (بی ثباتی) کوچک	Limbic System	دستگاه لیمپیک
Microspasticity	میکرو اسپاستیسیته	Limits of Stability (LOS)	محدوده های ثبات
Microtrauma	میکروتروما	Linea Alba	خط آلبًا
Midbelly	میان شکم	Lines of Pull	خطوط کشش
Midline	خط میانی	Loading	بارگیری
Midstance	سکون میانی	Loading Response	پاسخ بارگیری
Midswing	نوسان میانی	Local Effects	اثرات موضعی
Midthoracic Spine	بخش میانی ستون فقرات سینه ای	Local Treatment	درمان موضعی
Minimal Brain Dysfunction	دیسفارکشن مغزی مینیمال	Location of the ROM End Feel	محل حس انتهایی دامنه حرکتی
Mobility Restriction	محدودیت موبیلیتی	Long-term Adaptation	تطابق (سازگاری) طولانی مدت
Mobilization	موبیلیزیشن (جنیش پذیری)	Longus Capitis	عضله طویل گردنی
Model of Lumbar Stability	مدل ثبات کمری	Longus Colli	عضله طویل راسی
Morton's Foot	پای مورتن	Low Back Pain	کمر درد
Motor and Sensory Deficit	نقص حرکتی و حسی	Lower Body	بخش تحتانی بدن
Motor Control	کنترل حرکتی	Lower Quarter Muscles	عضلات پک چهارم فوقانی و تحتانی
Motor End Plate	صفحه حرکتی انتهایی	Lower-crossed Syndrome (LCS)	سندروم متقطع تحتانی
Motor Neuron Pools	مخازن نورون حرکتی	Lower-level Input	درونداد سطح پایین تر
Motor Points	نقاط حرکتی	Lower-limb	پایین تنه
Motor Reeducation	بازآموزی حرکتی	Lumbosacral Plexus	شبکه خاجی کمری
Motor Regulation	تنظیم حرکتی	Lumbosacral Spine	ستون فقرات کمری خاجی
Motor Response	پاسخ حرکتی	Lung	ریه
Motor Retraining	بازآموزی حرکتی	Lymphatic Technique	تکنیک لنفاوی
Motor System	دستگاه حرکتی	Macrotrauma	ماکروترومو
Motor Training	آموزش حرکتی	Magnetic Resonance Imaging (MRI)	تصویربرداری رزنانس (مغناطیسی (ام. آر. آی))
Movement Discrimination	تمایز حرکت	Maintaining Gait	حفظ راه رفتن
Movement Sense	حس حرکت	Maintaining Postural Stability	حفظ ثبات وضعیتی
Movement System	دستگاه حرکت	Maintaining Postural Stability	حفظ ثبات وضعیتی
Movers	حرکت دهنده ها	Manual Muscle Testing	آزمون دستی عضلانی
Multifidus Muscles	عضلات موئی فیدوس	Masseter	عضله ماضغه
Multipennate	چند پری	Masticatory Muscles	عضلات جویدنی
Muscle Balance	تعادل عضلانی		
Muscle Cross-sectional Area	ناحیه سطح مقطع عضله		
Muscle Incoordination	عدم هماهنگی عضلانی		
Muscle Length	طول عضله		



Neuromusculoskeletal Model	مدل عصبی عضلانی اسکلتی	Muscle Loop	حلقه عضلانی
Neutralizers	خنثی کننده ها	Muscle Onset	شروع عضلانی
Nociceptive	وابسته به درد	Muscle Slings	طنابهای عضلانی
Nociceptive Input	درونداد وابسته به درد	Muscle Spindle	دوک عضلانی
Noncontractile	غیر انقباضی	Muscle Timing	زمانبندی عضلانی
Nonpitting	بدون فورقنگی	Muscular End Feel	حس انتهایی عضلانی
Normal Adaptation	تطابق (سازگاری) طبیعی	Muscular Lateral Pelvic	بررسی عضلانی خارجی لگن
Normal Automatic Postural Reactions (APR) Patterns	الگوهای عکس العمل های وضعيتی خودکار طبیعی	Brace	گیرنده های عضلانی
Normal Subcortical Motor Programs	برنامه های حرکتی زیرقشری طبیعی	Muscular Receptors	عضله فکی لامی
Ober's Test	آزمون آبر	Mylohyoid	زنگره های میوفاشیایی
Obligatory Movements	حرکات اجباری	Myofascial Chains	سندروم درد میوفاشیایی
Occulomotor	بصری	Myofascial Pain Syndrome (MPS)	میوفیبروبلاستیک
Omohyoid	عضله کفی لامی	Myofibroblastic	میوتانیک
Open Chain Function	عملکرد زنجیره باز	Myotatic	میوتون
Open Kinetic Chain	زنگیره حرکتی باز	Myotome	واحد کنترل عصبی
Open-loop Feed-forward Mechanisms	مکانیزم های فیدفوروارد باز	Neural Control Unit	تنظیم عصبی
Operating System	سیستم عامل	Neural Modulation	تکنیک تنش عصبی
Opposing Muscle Groups	گروههای عضلانی مخالف	Neural Tension Technique	زنگیره های تکامل عصبی
Origin	مبدأ	Neurodevelopmental Progression	لوکوموتور
Origin-Insertion Facilitation	تسهیل مبدأ-اتصال	Neurodevelopmental	پیشرفت حرکتی تکامل عصبی
Orthotic Technique	تکنیک ارتوتیک	Progression	پیشرفت تکامل عصبی
Orthotics	تجهیزات فیزیوتراپی (ارتوتیک)	Neurodevelopmentally	از لحاظ تکامل عصبی
Osteitis Pubis	التهاب ارتفاق عانه	Neuroendocrine System	دستگاه عصبی-غدد درون ریز
Osteopathic	استئوپاتی	Neuroflexive	نوروفلکسیو
Overactivation	فعال سازی بیش از حد	Neurogenic Acceleration of Osteoarthritis	تسريع نوروژنیک استئوآرتربیت
Overhead Throwing Motion	حرکت پرتاب از بالای سر	Neurological	نورولوژیکی
Overstress	استرس بیش از حد	Neurological Approach	رویکرد نورولوژیکی
Pain Adaptation Model	مدل تطبیق درد	Neurological Input	درونداد نورولوژیکی
Pain Adaptation Model	مدل تطبیق درد	Neurological Paradigm	نظریه نورولوژیکی
Pain Algometer	الگومتر درد	Neurological Paradigm of Muscle Imbalance	نظریه نورولوژیکی عدم تعادل عضلانی
Pain Centralization	مرکزی شدن درد	Neurological Reflexes	رفلکس های نورولوژیکی
Pain Receptors	گیرنده های درد	Neurologist	نورولوژیست
Pain Syndrome	سندروم درد	Neuromuscular	عصبي عضلانی
Pain-generating Structure	ساختر ایجاد درد	Neuromuscular Control	کنترل عصبی عضلانی
Paradoxical Breathing	تنفس مضاد	Neuromuscular Dysfunction	دیسفارکشن عصبی عضلانی
Parasthesias	اختلالات حسی پاراستزی	Neuromuscular Function	عملکرد عصبی عضلانی
Paretic Signs	علامت ضعف عضلانی		

Positive Support Reaction	عكس العمل حمایتی مثبت	Passive Lengthening	طویل شدن غیرفعال
Posterior Dynamic	زنگیره عضلانی ثابت کننده	Patellar Retinaculum	برجستگی کوچک کشک
Stabilizing Muscular Chain	دینامیک خلفی	Patello-femoral Pain	سندروم درد کشکی درشت
Posterior Pelvic Tilt	تیلت خلفی لگن	Syndrome	نی
Posterior Positioning of the Pelvis	وضعیت قرارگیری خلفی لگن	Pathogenesis	پاترولز
Posterior Rotation of the Ribs	چرخش خلفی دندنه ها	Pathogenic	پاتوزنیک
Posterior Rotator Cuff	روتینور کاف خلفی	Pathological Adaptation	طبق (سازگاری) پاتولوژیک
Posterior Slings	طناب های خلفی	Pathological Postural	جبان های پاتولوژیک وضعیتی
Posterior Weight Shift (PWS)	جا به جایی خلفی وزن	Compensations	پوسجر پاتولوژیک
Postisometric Relaxation	رهاسازی بین ایزومنتریکی	Pathological Posture	الگوهای فعال سازی عضلانی
Postural	وضعیتی	Patterns of Muscle	پرسی شکل
Postural Assessment	ارزیابی وضعیتی	Activation	پاتولوژی محیطی
Postural Awareness	آگاهی وضعیتی	Pennate	ساخтарهای محیطی
Postural Chains	زنگیره های وضعیتی	Peripheral Pathology	درد مداوم
Postural Faults	اشتباهات وضعیتی	Peripheral Structures	درونداد محیطی مداوم
Postural Function	عملکرد وضعیتی	Persistent Pain	حساسیت فراگیر
Postural Muscle	عضله وضعیتی	Persistent Peripheral Input	درمان دارویی
Postural Muscles	عضلات وضعیتی	Pervasive Tenderness	عضله فازیک
Postural or Antigravity Muscle	عضله وضعیتی یا ضدgravitی	Pharmacological Treatment	دستگاه عضلانی فازیک
Postural Position	وضعیت پوسجر	Phasic Muscle	دستگاه فازیک
Postural Positioning Activity	فعالیت وضعیت قرارگیری پوسjer	Phasic Muscle System	فیلوژنتیک
Postural Sensations	احساسات وضعیتی	Phylogenetically	فیلوژنتیکی
Postural Stabilization	ثبات وضعیتی	Phylogenetically Tonic	تونیک فیلوژنتیک
Postural Sway	نوسان وضعیتی	Physiological Function	عملکرد فیزیولوژیکی
Posture	پوسjer (وضعیت بدنی)	Physiological Overload	اضافه بار فیزیولوژیکی
Posture Sense	حس پوسjer	Plane of the Trunk	صفحه تنه
Posturology	پوسجرولوژی (پوسjerشناسی)	Plasticity	پلاستیسیتی (کشسانی)
Preferred Recruitment Pattern	الگوی فراخوانی ترجیحی	Polio	فلج اطفال
Premotor Area	ناحیه پیش حرکتی	Poor Performance	اجرا ضعیف
Premovement Phase	مرحله پیش حرکتی	Poor Posture	پوسjer ضعیف
Pressure Pain Detection Threshold (PPDT)	آستانه تشخیص درد فشاری	Poor Sitting Posture	وضعیت نشستن ضعیف
Pressure Release	رهاسازی فشار	Poor Spinal Stabilization	ثبات ضعیف ستون فقرات
Preswing	پیش نوسان	Popping	صدای پاپ دادن
Primary Chain	زنگیره اصلی	Position	وضعیت قرارگیری
Primary Motor Cortex	قشر حرکتی اولیه	Position Sense	حس وضعیت
Primary Muscles	عضلات اصلی (اولیه)	Positional Weakness	ضعف وضعیت قرارگیری
		Positioning	وضعیت قرارگیری



Reactivity	فعالیت مجدد	Prime Movers	حرکت دهنده های اصلی
Rear-foot	پخش خلفی پا	Primitive Reflexes	رفلکس های ابتدایی
Reciprocal Gait	راه رفتن دوطرفه	Primitive Reflexes	رفلکس های ابتدایی
Reciprocal Inhibition	مهار مقابل	Primitive Reflexive Chains	زنجره های بازتابی ابتدایی
Reciprocal Locomotion	جا به جای دوطرفه	Profound Inhibition	مهار عمقی
Reciprocal Movements	حرکات دوطرفه	Programming	برنامه ریزی
Reciprocal Muscle	عضله دوطرفه	Prominence of the Superior	برامدگی شیار فوکانی کشک
Reciprocal Nature of Human Movement	طبيعت دوطرفه حرکت انسان	Patellar Groove	به شکم خوابیده (دمر)
Recovery	بازگشت به حالت اوليه	Prone	زمانبندی مناسب
Recruitment	فراخوانی	Prophylactic	پیشگیرانه
Recruitment of the Musculature	فراخوانی ساختار عضلانی	Proprioception	حس عمقی
Recruitment Strategy	استراتژی فراخوانی	Proprioception	حس عمقی
Rectus Capitis Anterior	راست راسی قدامی	Proprioceptive Feedback	بازخورد حس عمقی
Referred Pain	درد ارجاعی	Proprioceptive Nerve	انتها های عصبی حس عمقی
Referred Tenderness	حساسیت ارجاعی	Endings	
Reflex Spasm	اسپاسم رفلکسی	Proprioceptive	تسهیل عصبی عضلانی حس عمقی
Reflex Therapy	رفلکس درمانی	Neuromuscular Facilitation	پاسخ های حفاظتی عضلانی
Reflexive Changes	تغییرات بازتابی (رفلکسی)	Protective Muscular Responses	رفلکس های حفاظتی
Reflexive Joint Stabilization	ثبات بازتابی مفصل	Protective Reflexes	شانه های دورشده
Reflexive Latency	تأخير بازتابی	Protracted Shoulders	بروگزیمال
Reflexive Motor Reaction	عکس العمل حرکتی رفلکسی (بازتابی)	Proximal	الگوی راه رفتن پروگزیمال
Reflexive Stabilization	ثبات بازتابی (رفلکسی)	Proximal Gait Pattern	عضلات خلفی پروگزیمال
Reflexive Stabilization Chains	زنجره های ثبات بازتابی (رفلکسی)	Proximal Postural Muscles	فتق کاذب
Repetitive Joint Instability	بی ثباتی مکرر مفصل	Pseudohernia	جلجی کاذب
Repetitive Movement Disorders	اختلالات حرکتی تکراری	Pseudoparesis	فرد دارای جلجی کاذب
Repetitive Overuse	استفاده بیش از حد مکرر	Pseudoparetic	ضعف کاذب
Respiration	تنفس	Pseudoweakness	ضعف کاذب
Respiration	تنفس	Psychological Dysfunction	دیسپاکشن روانی اجتماعی
Resting Muscle Tone	تون استراحت عضله	Pterygoid	استخوان کام
Resting Position	وضعیت قرار گیری استراحت	Pubalgia	پوبالژیا
Retractile	نژدیک شونده (جمع شونده)	Push-off	جدا شدن پا از زمین
Retrain	بازآموزی	Push-up	شناور سوئدی
Reverse Action	عمل معکوس	Push-up Test	آزمون شناور سوئدی
Reverse Open Chain Function	عملکرد زنجیره باز معکوس	Quick Stretch	کشش سریع
		Randomized Control Trial	مطالعه تصادفی کنترل شده
		Range of Motion (ROM)	دامنه حرکتی
		Reaching	دست درازی کردن

SI Joint Distortion (Faulty Alignment)	کجی (راستای غلط) مفصل خاجی خاصره ای	Rheumatoid Arthritis	روماتوید آرتریت (آرتروز روماتیسمی)
Single Leg Squat	اسکات یک پا	Rib Cage	قفسه سینه
Single Limb Support	حمایت تک عضوی	Righting Reactions	عکس العمل های تصحیح کننده
Single-leg Balance	تعادل تک پا	Rotational Trunk	ثبات چرخشی تنہ
Single-leg Stance	ایستادن روی یک پا	Stabilization	روتینور کاف
Single-leg Stance Test	آزمون ایستادن تک پا	Rotator Cuff	مالیدن
Sit-up	دراز و نشست	Rubbing	مفصل خاجی خاصره ای
Slow-twitch (Type I) Fibers	تارهای (نوع I) کند انقباض	Sacroiliac (SI) Joint	دیسپانکشن مفصل خاجی
Small, Slow-twitch Tonic Fibers	تارهای توئیک کند انقباض کوچک	Dysfunction	خاصره ای
Smooth	(نرم (روان))	Sacrotuberous Ligament	لیگامنٹ خاجی نشیمنگاهی
Soft-tissue Texture	حالت بافت نرم	Satellite Triggers	نقاط ماسه ای وابسته
Sole of the Foot	کف پا	Scaption	اسکیشن
Somatosensory Evoked Potentials (SSEPs)	پتانسیل های تحریکی حسی حرکتی	Scapular Tipping	چک شدن کتف ها (برآمدگی زاویه تحتنی کتف)
Spasmodic Torticollis	کج گردنی اسپاسمودیک	Scapular Winging	بالدار شدن کتف
Spastic Muscle	عضله اسپاستیک	Schober's Test	آزمون شوپر
Specific Proprioceptive Information	اطلاعات ویژه حس عمقی	Screw-Home Mechanism	مکانیزم قفل شدن زانو
Specific Stretching	کشش ویژه	Secondary Chain	زنگیره ثانویه
Speed	سرعت	Secondary Movers	حرکت دهنده های ثانویه
Spinal Cord Level	سطح نخاعی	Segmental Control and Support	کنترل و حمایت سگمنتال
Spinal Horizontal Grooves or Creases	شیارها یا مجرای افقی نخاع	Self-hypnosis	خود تلقینی
Spinal-level Reflexes	رفلکس های سطح نخاعی	Semicircular Canals	کانال های نیم دایره ای
Spinocerebellar Tract	مسیر نخاعی مخجه ای	Sensitive	حساسیت
Spinothalamic Tract	مسیر نخاعی تالاموسی	Sensorimotor Adaptation	زنگیره های تطبیق حسی حرکتی
Spiral Slings	طناب های ماربیچ	Chains	دستگاه حسی حرکتی
Splenius Cervicis	عضله بزرگ گردنی	Sensorimotor System	جنبه های حسی حرکتی حرکت
Squatting	اسکات زدن	Sensorimotor Aspects of Movement	تشخیص حسی
Stabilizers	ثابت کننده ها	Sensory Detection	اطلاعات حسی
Stabilizers	ثابت کننده ها	Sensory Information	درونداد حسی
Stabilizing Role	نقش ثابت کننده (ثبات دهنده) گردنگی	Sensory Input	توالی
Stance	سکون	Sequencing	عضله دندانه ای قدامی
Stance Phase	مرحله سکون	Serratus Anterior	قانون مهار مقابله شرینگتون
Static Balance	تعادل ایستا	Sherrington's Law of Reciprocal Inhibition	کوتاهی
Static Mechanisms	مکانیزم های استاتیک	Shortness	دور کردن شانه
Static Muscle	عضله استاتیک	Shoulder Abduction	بالا اندختن شانه
Static Stability	ثبات استاتیک	Shrug	



Synkinesis	اختلال حس حرکت (سیکینزیس)	Step Strategy	استراتژی گام برداشتن
Systemic Patterns	الگوهای سیستماتیک (سازمان یافته)	Stereotypical Patterns	الگوهای استریوتایپی (کلیشه ای)
Taut Band	نووار سفت	Stiffness	خشکی
Temperature	دما	Stretch Reflex	رفلکس کشش
Temperature Sensation	احساس دما	Stretch Weakness	ضعف ناشی از کشش
Temporomandibular Joint (TMJ)	مفصل چیگاگاهی فک تحتانی	Structural	ساختراری
Tender Points	نقاط حساس	Structural Chains	زنگیره های ساختراری
Tenderness	حساسیت	Structural Lines	خطوط ساختراری
Tendinitis	تندینیت (التهاب تاندون)	Structural Postural Chains	زنگیره های وضعیتی ساختراری
Tendinitis	تندینیت	Subacromial (SA)	گیرافتادن تحت آخر می
Tendinopathy	تندینوبیاتی	Impingement	ساخترارهای تحت آخر می
Tensegrity	تسنگریتی	Subacromial (SA) Structures	نیمه هوشیارانه
Tension Force	نیروی تنشی	Subconscious	سطح زیرقشری
Tension Headache	سر درد تنشی	Subcortical Level	سطح زیرقشری
Tensor Fascia Latae (TFL)	کشنده پهن نیام	Subcortical Levels	زیر جلدی
Tensor Mechanism	مکانیزم کشنده (تنسور)	Subcutaneous	ذهنی
Terminal Stance	مرحله نهایی سکون	Subjective	عضلات پس سری
Terminal Swing	مرحله نهایی نوسان	Suboccipitals Muscles	عضله تحت گتفتی
Thermoreceptors	گیرنده های حرارتی	Subscapularis	زیر سیستم
Thixotropic	تیکسوتروپیک	Subsystem	مفصل زیر قابی
Thoracolumbar Fascia	فاسیای پشتی کمری	Subtalar Joint	عضلات وضعیتی سطحی
Thoracolumbar Spine	ستون فقرات سینه ای کمری	Superficial Postural Muscles	جهت فوقانی تحتانی
Tibial Internal Rotation	چرخش داخلی درشت نی	Superior – Inferior Direction	پای سوینینت شده (چرخیده به داخل)
Tight Iliotibial (IT) Band	نووار خاصره ای درشت نی سفت	Supinated Foot	ناحیه حرکتی مکمل
Tightness	soft	Supplemental Motor Area	عضله فوق لامی
Tightness Weakness	ضعف ناشی از سفتی	Suprahyoid Muscle	لیگامنت فوق خاری
Time to Detect Passive Movement (TTDPM)	زمان تشخیص حرکت غیرفعال	Supraspinatus Ligament	حفره فوق خاری
Timing of the Firing Pattern	زمانبندی الگوی فایبرینگ (فرکانس تحریک)	Supraspinous Fossa	کتروموپوکرافی سطحی
Tonic Labyrinthine Reflex	رفلکس لاپرینتی تونیک	Surface EMG	جراحی
Tonic Muscle System	دستگاه عضلانی تونیک	Surgery	وضعیت نگهدارنده
Tonic Neck Reflexes	رفلکس های تونیک گردن	Sustained Position	مرحله نوسان
Tonic System	دستگاه تونیک	Swing Phase	رفلکس تونیک متقارن گردن
Tonic Vibration Reflex (TVR)	رفلکس لرزش تونیک	Symmetrical Tonic Neck Reflex (STNR)	سمت علامت دار
Total Hip Replacement (THR)	تعویض کل مفصل ران	Symptomatic Side	دور شدن سینرژیستی
Tracking	ترکینگ	Synergistic Abduction	حرکت سینرژیستی

Visual Orientation	جهت یابی بصری	Traction	تِرکشن (کشیدن)
Visual Position	وضعیت قرارگیری بصری	Trailing Limb	اندام پیشرو
Voluntary Motor Training	تمرین حرکتی ارادی	Trailing Limb Posture	پوسجر اندام پیشرو
Weakness	ضعف	Transverse Abdominal	عضله عرضی شکم
Weight Acceptance	پذیرش وزن	Trapezius Myalgia	میالژیای عضله ذوزنقه ای
Weight-bearing Stability	ثبات تحمل وزن	Trendelenburg Sign	علامت ترندلبرگ
Whiplash	ضرربه شلاقی	Trigger Point Weakness	ضعف در اثر نقاط ماسه ای
Whiplash Injury	آسیب ضربه شلاقی	Trigger Points (TrPs)	نقطه ماسه ای
Widespread Tenderness	حساسیت گسترده	Trigger Points (TrPs) Knot	عقده نقطه ماسه ای
Withdrawal Reflex	رفلکس عقب کشیدن	Trigger Points (TrPs) Nodule	گره نقطه ماسه ای
Within Normal Limits	در محدوده های طبیعی	Trigger Points (TrPs)	ضعف در اثر نقاط ماسه ای
X-ray Imaging	تصویر برداری با اشعه ایکس	Weakness	
		Trismus Spasms	اسپاسم های ترسیموس
		True Structural Contractures	کوتاهی های ساختاری حقیقی
		Trunk Curl	گردشدن تن
		Trunk Stabilization	ثبات تن
		Twitch Response	پاسخ انقباضی
		Unilateral Strength Training	تمرین تقویتی یک طرفه
		Upper Body	بالا تن
		Upper Extremity Extensor Sling	طناب بازکننده اندام فوقانی
		Upper Extremity Flexor Sling	طناب خم کننده اندام فوقانی
		Upper Motor Neuron Lesions	چراحت های نورون محركه فوقانی
		Upper Motor Neuron Pathologies	پاتولوژی های نورون محركه فوقانی
		Upper Trapezius	ذوزنقه ای فوقانی
		Upper-Abdominal Muscles	عضلات فوقانی شکم
		Upper-chest	بخش فوقانی سینه
		Upper-extremity Tasks	تکالیف اندام فوقانی
		Upper-limb	اندام فوقانی
		Varus Position	وضعیت واروس (انحراف به داخل)
		Ventral Muscles	عضلات شکمی
		Vertical (Neurological) Activation	فعال سازی (نوروولوژیک) عمودی
		Vestibulo-ocular	دھلیزی بصری
		Vibration	لرزش
		Vibration Plate	صفحه لرزش
		Viscoelastic	ویسکوالاستیک

واژه نامه فارسی (به ترتیب حروف) به انگلیسی

Compressive Stress	استرس های فشاری	Paresthesia	اختلالات حسی (پاراستزی)
Repetitive Overuse	استفاده بیش از حد مکرر	Local Effects	آثرات موضعی
Abuse	استفاده نامناسب	Biomechanical Interactions	اعمال متقابل بیومکانیکی
Knee Osteoarthritis	استئوآرتریت زانو	Hip Drop	افت مفصل ران
Osteopathic	استئوباتی	Epidemic	اپیدمیک
Squatting	اسکات زدن	Insertion	اتصال
Single Leg Squat	اسکات یک پا	Poor Performance	اجرای ضعیف
Active Scar	اسکار فعال	Temperature Sensation	احساس دما
Scaption	اسکپشن	Kinesthetic Sensations	احساسات حس حرکت
Postural Faults	اشتباهات وضعیتی	Postural Sensations	احساسات وضعیتی
All or None Principle	اصل همه یا هیچ	Leg-length Discrepancy (LLD)	اختلاف طول پا
Physiological Overload	اضافه بار فیزیولوژیکی	Chronic Hyperventilation	اختلاف تنفسی مزمن
Afferent Information	اطلاعات آوران	Dyskinesis	اختلاف حرکتی (دیسکینزیس)
Sensory Information	اطلاعات حسی	Synkinesis	اختلاف حس حرکت (سیکینزیس)
Efferent Information	اطلاعات واپران		
Specific Proprioceptive Information	اطلاعات ویژه حس عمقی	Repetitive Movement Disorders	اختلافات حرکتی تکراری
Increased Tone or Spasticity	افزایش تون یا اسپاستیسیته	Chronic Whiplash Disorders	اختلافات مزمن ضربه شلاقی
Elastic	الاستیک	Functional Connections of Muscles	ارتباطات عملکردی عضلات
Osteitis Pubis	الهاب ارتفاق عانه	Fascial Connections	ارتباطات فاشیالی
Electromyography (EMG)	الکترومیوگرافی	Evaluation of Gait	ارزشیابی راه رفتن
Surface EMG	الکترومیوگرافی سطحی	Evaluation of Balance	ارزشیابی تعادل
Algometer	الگومتر	Assessment of Posture	ارزیابی پوسجر
Pain Algometer	الگومتر درد	Postural Assessment	ارزیابی وضعیتی
Stereotypical Patterns	الکوهای استریوتاپی (کلیشه ای)	Neurodevelopmentally	از لحاظ تکامل عصبی
Compensatory Patterns	الکوهای جبرانی	Reflex Spasm	اسپاسم رفلکسی
Basic Movement Patterns	الگوهای حرکتی پایه	Trismus Spasms	اسپاسم های تریسموس
Basic Movement Patterns	الگوهای حرکتی پایه	Pterygoid	استخوان کام
Facilitating Reciprocal Gait Patterns	الکوهای دو طرفه راه رفتن تسهیل کننده	Lateral Pterygoid	استخوان کام خارجی
Systemic Patterns	الکوهای سیستماتیک (سازمان یافته)	Balance Strategy	استراتژی (راهبرد) تعادل
Normal Automatic Postural Reactions (APR) Patterns	الگوهای عکس العمل های وضعیتی خودکار طبیعی	Recruitment Strategy	استراتژی فراخوانی
		Step Strategy	استراتژی گام برداشتی
		Overstress	استرس بیش از حد
		Mechanical Stress	استرس مکانیکی

الگوهای غلط	الگوهای فعال سازی عضلانی	الگوهای بیومکانیکی	الگوهای حرکتی هماهنگ شده
آگاهی وضعیتی	Faulty Patterns	Patterns of Muscle Activation	Patterns of Muscle Activation
آموزش حرکتی	Patterns of Muscle Activation	Biomechanical Paradigm	Biomechanical Paradigm
آوران های کپسولی	Biomechanical Paradigm	Coordinated Movement	Coordinated Movement
بارگیری	Coordinated Movement	Pattern	Pattern
باز آموزی حرکتی	Pattern	Proximal Gait Pattern	Proximal Gait Pattern
باز آموزی حرکتی	Proximal Gait Pattern	Combined Gait Pattern	Combined Gait Pattern
باز شدن پیش از حد زانو	Combined Gait Pattern	Distal Gait Pattern	Distal Gait Pattern
باز کردن مفصل ران	Distal Gait Pattern	Charleston Dance Pattern	Charleston Dance Pattern
بازآموزی	Charleston Dance Pattern	Preferred Recruitment Pattern	Preferred Recruitment Pattern
بازتابی (رفلکسی) تسهیلی	Preferred Recruitment Pattern	Firing Pattern	Firing Pattern
بازتابی (رفلکسی) تسهیلی	Firing Pattern	Proprioceptive Nerve Endings	Proprioceptive Nerve Endings
بازخورد آوران	Proprioceptive Nerve Endings	Trailing Limb	Trailing Limb
بازخورد حس عمقی	Trailing Limb	Upper-limb	Upper-limb
بازدم	Upper-limb	Co-contraction	Co-contraction
بازگشت به حالت اولیه	Co-contraction	Single-leg Stance	Single-leg Stance
بافت شناسی	Single-leg Stance	Ischemia	Ischemia
بالا انداختن شانه	Ischemia	Aponeurotic	Aponeurotic
بالا بردن مفصل ران	Aponeurotic	Arthrokinematic	Arthrokinematic
بالا بودن تنہ	Arthrokinematic	Erythema	Erythema
بالا تنه	Erythema	Classic Manual Muscle Strength Testing	Classic Manual Muscle Strength Testing
بالدار شدن کتف	Classic Manual Muscle Strength Testing	Ober's Test	Ober's Test
بخش تحتانی بدن	Ober's Test	Single-leg Stance Test	Single-leg Stance Test
بخش خلفی پا	Single-leg Stance Test	Double-Leg Lowering Test	Double-Leg Lowering Test
بخش فوقانی سینه	Double-Leg Lowering Test	Dynamic Balance Testing	Dynamic Balance Testing
بخش قدامی پا	Dynamic Balance Testing	Cervical Flexion Test	Cervical Flexion Test
بخش میانی ستون فقرات	Cervical Flexion Test	Manual Muscle Testing	Manual Muscle Testing
سینه ای	Manual Muscle Testing	Schober's Test	Schober's Test
بدون فرورفتگی	Schober's Test	Push-up Test	Push-up Test
برادی کینین ها	Push-up Test	Irritability Threshold	Irritability Threshold
برانگیختگی	Irritability Threshold	Pressure Pain Detection Threshold (PPDT)	Pressure Pain Detection Threshold (PPDT)
بر جستگی کوچک کشک	Pressure Pain Detection Threshold (PPDT)	Activation Threshold	Activation Threshold
برس کشیدن (براشینگ)	Activation Threshold	Activation Threshold	Activation Threshold
تپینگ (بانداز)	Activation Threshold	Whiplash Injury	Whiplash Injury
برنامه ریزی	Whiplash Injury	Frank Injury	Frank Injury
برنامه ریزی حرکتی مرکزی	Frank Injury	Awareness	Awareness
برنامه های حرکتی زیرقشری	Awareness		
طبيعي			
برون عضلانی			
برونداد حرکتی خودکار			



Head Protraction	پروترکشن سر	Lavator Notch	بریدگی بالابرنده
Proximal	پروگریمال	Adductor Notch	بریدگی نزدیک کننده
Hyperpronation	پرونیشن بیش از حد	Lateral Muscular Pelvic	بررس عضلات خارجی لگن
Foot pronation	پرونیشن پا	Brace	بررس عضلانی خارجی لگن
Pennate	پری شکل	Muscular Lateral Pelvic	بسیار پرعروق
Plasticity	پلاستیسیتی (کشسانی)	Brace	بصری
Pubalgia	پوبالژیا	Highly Vascularized	به شکم خوابیده (دمر)
Cutaneous	پوستی	Occulomotor	بی ثباتی زانو
Posture	پوسچر (وضعیت بدنی)	Prone	بی ثباتی عملکردی مج با
Trailing Limb Posture	پوسچر اندام پیشو و پا	Functional Ankle Instability (FAI)	بی ثباتی مکرر مفصل
Foot Posture	پوسچر پا	Repetitive Joint Instability	بی حسی به درد (تحفیف درد)
Pathological Posture	پوسچر پاتولوژیک	Analgesia	بی فعالیتی
Poor Posture	پوسچر ضعیف	Inactivity	بیش فعالی جبرانی
Posturology	پوسچرولوژی (پوسچرشناسی)	Compensatory Hyperactivity	بیوشیمیابی
Preswing	پیش نوسان	Biochemical	با
Neurodevelopmental Progression	پیشرفت تکامل عصبی	Feet	پاتوژن
Neurodevelopmental Motor Progression	پیشرفت حرکتی تکامل عصبی	Pathogenesis	پاتوژنیک
Prophylactic	پیشگیرانه	Pathogenic	پاتوژنیک عملکردی
Traction	ترکشن (کشیدن)	Functional Pathology	پاتوژنیک محیطی
Reflexive Latency	تأخير بازتابی	Peripheral Pathology	پاتولوژی های نورون محركه
Slow-twitch (Type I) Fibers	تارهای (نوع I) کند انقباض	Upper Motor Neuron Pathologies	فوقانی
Fast-twitch (Type II) Fibers	تارهای (نوع II) تند انقباض	Pathological	پاتولوژیکی
Extrafusal Fibers	تارهای برون دوکی	Twitch Response	پاسخ انقباضی
Small, Slow-twitch Tonic Fibers	تارهای تونیک کند انقباض	Loading Response	پاسخ بارگیری
Intrafusal Fibers	کوچک	Motor Response	پاسخ حرکتی
Contractile Muscle Fibers	تارهای درون دوکی	Protective Muscular Responses	پاسخ های حفاظتی عضلانی
Orthotics	تجهیزات فیزیوتراپی (ارتوتیک)	Hyperreflexive Tendon Responses	پاسخ های هایپرفلکسی تاندون
Hypomobility	تحرک بیش از حد	Automatic Postural Responses (APRs)	پاسخ های وضعیتی خودکار
Irritable	تحریک پذیر	Direction-specific Response	پاسخ ویژه جهت
Degeneration	تخریبی (دزنبیشن)	Supinated Foot	پای سوپینیت شده (چرخیده به داخل)
Tracking	ترکینگ	Morton's Foot	پای مورتن
Neurogenic Acceleration of Osteoarthritis	تسريع نوروزنیک استئوآرتربیت	Lower-limb	پایین تنه
Facilitate	تسهیل	Somatosensory Evoked Potentials (SSEPs)	پتانسیل های تحریکی حسی حرکتی
Proprioceptive	تسهیل عصبی عضلانی حس عمقی	Weight Acceptance	پذیرش وزن
Neuromuscular Facilitation	تسهیل عضلات مخالف (خم کننده ها)	Joint Hypermobility	پرتحرکی (هایپرموبیلیتی) مفصل
Facilitation of Antagonists			
Facilitates Activation	تسهیل فعل سازی		

Tendinopathy	تندینوپاتی	Origin-Insertion Facilitation	تسهیل مبدأ-اتصال
Tendinitis	تندینیت	Facilitatory	تسهیلی
Tendinitis	تندینیت (التهاب تاندون)	Detection of Motion	تشخیص حرکت
Tensegrity	تنسگریتی	Sensory Detection	تشخیص حسی
Motor Regulation	تنظیم حرکتی	Cerebrovascular Accident	تصادف مغزی عروقی
Neural Modulation	تنظیم عصبی	X-ray Imaging	تصویربرداری با اشعه ایکس
Respiration	تنفس	Magnetic Resonance Imaging (MRI)	تصویربرداری رزنانس (مغناطیسی (ام. آر. آی))
Respiration	تنفس	Horizontal (Anatomic)	تطابق (آناتومیک) افقی
Chest Breathers	تنفس سینه ای	Adaptation	تطابق (سازگاری)
Accessory Respiration	تنفس کمکی	Adaptation	تطابق (سازگاری) پاتولوژیک
Paradoxical Breathing	تنفس متضاد	Pathological Adaptation	تطابق (سازگاری) طبیعی
Impaired Respiration	تنفس ناقص	Normal Adaptation	تطابق (سازگاری) طولانی مدت
Equilibrium	توازن	Long-term Adaptation	تطابق (سازگاری)
Sequencing	توالی	Adaptation	تعادل ایستا
Extensibility	توسعه پذیری	Static Balance	تعادل نک با
Resting Muscle Tone	تون استراحت عضله	Single-leg Balance	تعادل عضلانی
Contractile Muscle Tone	تون عضلانی انقباضی	Muscle Balance	تعویض کل مفصل ران
Phylogenetically Tonic	تونیک فیلوجنتیک	Total Hip Replacement (THR)	تغییرات بازتابی (رفلاکسی)
Thixotropic	تیکسوتروپیک	Reflexive Changes	تغییرات تطبیقی
Lateral Pelvic Tilt	تیلت خارجی لگن	Adaptive Changes	تضاهای بیومکانیکی
Posterior Pelvic Tilt	تیلت خلفی لگن	Biomechanical demands	تکالیف اندام فوقانی
Fixation	ثابت سازی	Upper-extremity Tasks	تکلیف طاقت فرسا
Stabilizers	ثابت کننده ها	Demanding Task	تکنیک ارتوتیک
Dynamic Scapular Stabilizers	ثابت کننده های پویای کتفی	Orthotic Technique	تکنیک تنفس عصبی
Static Stability	ثبات استانیک	Neural Tension Technique	تکنیک جنبش پذیری مفصل
Reflexive Stabilization	ثبات بازتابی (رفلاکسی)	Joint Mobilization Technique	تکنیک لفافی
Reflexive Joint Stabilization	ثبات بازتابی مفصل	Lymphatic Technique	تکنیک اگاه
Dynamic Scapular Stabilization	ثبات پویای کتفی	Base of Support (BOS)	تماس اولیه
Stabilization	ثبات تحمل وزن	Initial Contact	تماس کف پا با زمین
Weight-bearing Stability	ثبات تنه	Foot-flat	تمایز حرکت
Trunk Stabilization	ثبات چرخشی تنه	Movement Discrimination	تمرین اکستربیک
Rotational Trunk Stabilization	ثبات پویا	Eccentric Training	تمرين نقویتی یک طرفه
Dynamic Stability	ثبات ضعیف ستون فقرات	Unilateral Strength Training	تمرين حرکتی ارادی
Poor Spinal Stabilization	ثبات عملکردی مفصل	Voluntary Motor Training	تمرين متقاطع (ضریدری)
Functional Joint Stability	ثبات مفصل	Crossover Training	تمرينات بریگر
Joint Stabilization	ثبات وضعیتی	Briigger Exercises	تمرينات تنشی پویا
Postural Stabilization	جا به جایی خارجی	Dynamic Tension Exercises	تمرينات ضربه ای
Lateral Shift	جا به جایی خارجی وزن	Impulse Training	تمرينات قرقه ای مفصل ران
Lateral Weight Shift (LWS)	جا به جایی خارجی وزن	Hip Hinge Exercises	
Posterior Weight Shift (PWS)	جا به جایی خلفی وزن		



Movement Sense	حس حرکت	Medial Weight Shift (MWS)	جا به جایی داخلی وزن
Proprioception	حس عمقی	Reciprocal Locomotion	جا به جایی دوطرفه
Proprioception	حس عمقی	Anterior Weight Shift (AWS)	جا به جایی قدامی وزن
Conscious Proprioception	حس عمقی هوشیارانه	Functional Compensation	جبران عملکردی
Position Sense	حس وضعیت	Pathological Postural Compensations	جبران های پاتولوژیک وضعیتی
Sensitive	حساس	Push-off	جدا شدن پا از زمین
Sensitivity	حساسیت	Upper Motor Neuron Lesions	جراحت های نورون محرکه
Tenderness	حساسیت	Surgery	جراحی
Referred Tenderness	حساسیت ارجاعی	Force Coupling	جفت نیرو
Directional Susceptibility to Movement (DSM)	حساسیت به جهت حرکت	Craniomandibular	جمجمه ای فک اسفلی
Pervasive Tenderness	حساسیت فراگیر	Sensorimotor Aspects of Movement	جهنیه های حسی حرکتی حرکت
Widespread Tenderness	حساسیت گسترشده	Superior - Inferior Direction	جهت فوکانی تختانی
Infraspinatus Fossa	حفره تحت خاری	Visual Orientation	جهت یابی بصری
Supraspinous Fossa	حفره فوق خاری	Excursion	چرخش
Maintaining Postural Stability	حفظ ثبات وضعیتی	Posterior Rotation of the Ribs	چرخش خلفی دندنه ها
Maintaining Postural Stability	حفظ ثبات وضعیتی	Internal Rotation	چرخش داخلی
Maintaining Gait	حفظ راه رفتن	Tibial Internal Rotation	چرخش داخلی درشت نی
Muscle Loop	حلقه عضلانی	Gait Cycle	چرخه (سیکل) راه رفتن
Gamma Loop	حلقه گاما	Multipennate	چند پری
Bugger's Diagonal Loop	حلقه مورب برآگر	Crawling	چهار دست و پا رفتن
Closed Reflex Loops	حلقه های رفلکس بسته	Soft-tissue Texture	حالات بافت نرم
Single Limb Support	حمایت تک عضوی	Obligatory Movements	حرکات اجباری
Stiffness	خشکی	Compensatory Movements	حرکات جبرانی
Linea Alba	خط آلبًا	Gross Movements	حرکات درشت
Midline	خط میانی	Reciprocal Movements	حرکات دوطرفه
Structural Lines	خطوط ساختاری	Fine Movements	حرکات طریف
Lines of Pull	خطوط کشش	Overhead Throwing Motion	حرکت پرتاب از بالای سر
Craniocervical Flexion (CCF)	خم شدن ججمه ای گردنبی	Movers	حرکت دهنده ها
Cervical Flexion	خم شدن ستون فقرات گردنبی	Prime Movers	حرکت دهنده های اصلی
Neutralizers	خنثی کننده ها	Secondary Movers	حرکت دهنده های نانویه
Self-hypnosis	خدود تلقینی	Synergistic Movement	حرکت سینرژیستی (همکوش)
Inspiration	دَم	Clinical Kinesiology	حرکت شناسی بالینی
Caudally	دُمی	Developmental Kinesiology	حرکت شناسی تکاملی
Hypertonus	دارای هایپرتوئیسیته	Applied Kinesiology	حرکت شناسی کاربردی
Range of Motion (ROM)	دامنه حرکتی	Functional Movement	حرکت عملکردی
Actual ROM	دامنه حرکتی حقیقی	Muscular End Feel	حس انتهایی عضلانی
Full range of motion	دامنه حرکتی کامل	Posture Sense	حس پوسچر
Within Normal Limits	در محدوده های طبیعی		
Sit-up	دراز و نشست		

Distal		دستمال	Curl-up	دراز و نشست نیمه
Dysfunction	دیسفنکشن (ناکارآمدی)	Referred Pain		درد ارجاعی
Psychological Dysfunction	دیسفنکشن روانی اجتماعی	Chronic Musculoskeletal Pain		درد اسکلتی عضلانی مزمن
Neuromuscular Dysfunction	دیسفنکشن عصبی عضلانی	Deferred Pain		درد تاخیری
Minimal Brain Dysfunction	دیسفنکشن مغزی مینیمال	Acute Lumbar Antalgia		درد خفیف حاد کمر
Sacroiliac (SI) Joint Dysfunction	دیسفنکشن مفصل خاجی	Anterior Knee Pain		درد قدم زانو
Subjective	خاصره ای	Anterior Hip Pain		درد قدم مفصل ران
Upper Trapezius	ذهنی	Cervicobrachical Pain		درد گردانی بازویی
Length-tension Relationship	ذوزنقه ای فوقانی	Persistent Pain		درد مداوم
Rectus Capitis Anterior	راست راسی قدامی	Chronic Neck Pain		درد مزمن گردن
Ankle Rocker	راکر مج پا	Chronic Hip Pain		درد مزمن مفصل ران
Reciprocal Gait	راه رفتن دوطرفه	Aching Pain		دردناک
Alar Ligament	رباط (لیپکامن) آلار	Chronic Subluxation		دررفتگی ناقص مزمن
Anterior Cruciate Ligeman (ACL)	رباط متقارع قدامی	Dermatome		درمانام
ACL Reconstructed	رباط متقارع قدامی بازسازی شده	Pharmacological Treatment		درمان دارویی
Arthrokinematic Reflex	رفلکس آرتروکینماتیک	Local Treatment		درمان موضعی
Crossed Extensor Reflex	رفلکس باز کننده متقارع	Input of Information		درونداد اطلاعات
Asymmetrical Tonic Neck Reflex (ATNR)	رفلکس تونیک متقارن گردن	Sensory Input		درونداد حسی
Symmetrical Tonic Neck Reflex (STNR)	رفلکس تونیک متقارن گردن	Lower-level Input		درونداد سطح پایین تر
Flexor Reflex	رفلکس خم کننده	Persistent Peripheral Input		درونداد محیطی مداوم
Reflex Therapy	رفلکس درمانی	Neurological Input		درونداد نورولوژیکی
Withdrawal Reflex	رفلکس عقب کشیدن	Nociceptive Input		درونداد وابسته به درد
Stretch Reflex	رفلکس کشش	Reaching		دست درازی کردن
Tonic Labyrinthine Reflex	رفلکس لاپرنتی تونیک	Tonic System		دستگاه تونیک
Tonic Vibration Reflex (TVR)	رفلکس لرزش تونیک	Movement System		دستگاه حرکت
Autogenic Inhibitory Reflex	رفلکس مهار خود به خودی (اُتوژنیک)	Motor System		دستگاه حرکتی
Primitive Reflexes	رفلکس های ابتدایی	Sensorimotor System		دستگاه حسی حرکتی
Primitive Reflexes	رفلکس های ابتدایی	Neuroendocrine System		دستگاه عصبی-غدد درون ریز
Critical Reflexes	رفلکس های بحرانی	Tonic Muscle System		دستگاه عضلانی تونیک
Basic Reflexes for Gait	رفلکس های پایه رفتن	Phasic Muscle System		دستگاه عضلانی فازیک
Tonic Neck Reflexes	رفلکس های تونیک گردن	Phasic System		دستگاه فازیک
Protective Reflexes	رفلکس های حفاظتی	Limbic System		دستگاه لیمبیک
Closed-loop Reflexes	رفلکس های حلقه بسته	Temperature		دما
Spinal-level Reflexes	رفلکس های سطح نخاعی	Vestibulo-ocular		دهیزی بصری
Isolated Segmental Reflexes	رفلکس های سگمنتال منفرد	Digastrics		دو بطی
		Synergistic Abduction		دور شدن سینه‌زیستی
		Shoulder Abduction		دور کردن شانه
		Hip Abduction		دور کردن مفصل ران
		Muscle Spindle		دوك عضلانی



Biopsychosocial	زیستی روانی اجتماعی	Neurological Reflexes	رفلکس های نورولوژیکی
Pain-generating Structure	ساختر ایجاد درد	Postisometric Relaxation	رهاسازی پس ازومتریکی
Subacromial (SA) Structures	ساخترهای تحت آخرمی	Pressure Release	رهاسازی فشار
Peripheral Structures	ساخترهای محیطی	Rotator Cuff	روتینتور کاف
Structural	ساختری	Posterior Rotator Cuff	روتینتور کاف خلفی
Leg	ساق پا	Rheumatoid Arthritis	روماتوید آرتربیت
Etiology	سبب (علت) شناسی	Biomechanical Approach	رویکرد بیومکانیکی
Thoracolumbar Spine	ستون فقرات سینه ای کمری	Biopsychosocial Approach	رویکرد زیستی روانی اجتماعی
Lumbosacral Spine	ستون فقرات کمری خاجی	Neurological Approach	رویکرد نورولوژیکی
Cervical Spine	ستون فقرات گردنی	Lung	ریه (شنش)
Tension Headache	سر درد تنشی	Knee Valgus	زانوی ضربدری
Speed	سرعت	Chin and Neck Angle	زاویه چانه و گردن
Subcortical Level	سطح زیرقشری	Hooked Acromion	زایده آخرمی قلابی
Cortical Level	سطح قشری	Time to Detect Passive Movement (TTDPM)	زمان تشخیص حرکت غیرفعال
Spinal Cord Level	سطح نخاعی	Timing of the Firing Pattern	زمانبندی الکتو فرکانس
Subcortical Levels	سطح زیرقشری	Muscle Timing	تحریک
Cortical Levels	سطح قشری	Proper Timing	زمانبندی عضلانی
Tightness	سفتی	Primary Chain	زنجیره مناسب
Stance	سکون	Extensor Chain	زنجیره اصلی
Midstance	سکون میانی	Secondary Chain	زنجیره بازکننده
Symptomatic Side	سمت علامت دار	Open Kinetic Chain	زنجیره ثانویه
Developmental Syndrome	سندروم تکاملی	Closed Kinetic Chain	زنجیره حرکتی باز
Pain Syndrome	سندروم درد	Flexor Chain	زنجیره خم کننده
Patello-femoral Pain Syndrome	سندروم درد کشکلی درشت نیی	Primitive Reflexive Chains	زنجیره های بازتابی ابتدایی
Myofascial Pain Syndrome (MPS)	سندروم درد میوفاشیایی	Sensorimotor Adaptation Chains	زنجیره های تطبیق حسی حرکتی
Lower-crossed Syndrome (LCS)	سندروم متقطع تحتانی	Adaptation Chains	زنجیره های تطبیقی
Iliotibial (IT) Band Syndrome	سندروم نوار خاصره ای درشت نی	Neurodevelopmental Locomotor Chains	زنجیره های تکامل عصبی
Hybrid Muscle Imbalance Syndrome	سندروم عدم تعادل عضلانی هابربرید	Reflexive Stabilization Chains	لوکوموتور
Operating System	سیستم عامل	Kinetic Chains	زنجیره های ثبات بازتابی
Functional Synergism	سینرژی (همکوشی) عملکردی	Structural Chains	(رفلکسی)
Creeping	سینه خیز رفتن	Myofascial Chains	زنجیره های میوفاشیایی
Gothic Shoulder	شانه گوتیک	Postural Chains	زنجیره های وضعیتی
Protracted Shoulders	شانه های دورشده	Structural Postural Chains	زنجیره های وضعیتی ساختاری
Lumbosacral Plexus	شبکه خاجی کمری	Functional Postural Chains	زنجیره های وضعیتی عملکردی
Delayed Onset	شروع تاخیری	Subsystem	زیر سیستم
Initiation of the Movement	شروع حرکت	Subcutaneous	زیر جلدی

Suboccipitals Muscles	عضلات پس سری	Muscle Onset	شروع عضلانی
Dorsal Muscles	عضلات پشتی	Insidious-onset	شروع نامشخص
Accessory Respiratory Muscles	عضلات تنفسی کمکی	Cognition	شناخت
Masticatory Muscles	عضلات جودبندی	Push-up	شنای سوئی
Proximal Postural Muscles	عضلات خلفی پروگزیمال	Spinal Horizontal Grooves or Creases	شیارها یا مجاری افقی نخاع
Ventral Muscles	عضلات شکمی	Popping	صداهای پاپ دادن
Upper-Abdominal Muscles	عضلات فوقانی شکم	Clicking	صداهای تیک دادن
Accessory Muscles	عضلات کمکی	Plane of the Trunk	صفحه تنہ
Agonist Muscles	عضلات موافق	Vibration Plate	صفحه لرزش
Multifidus Muscles	عضلات مولی فیدوس	Motor End Plate	صفحه مجر کے انتہائی
Postural Muscles	عضلات وضعیتی	Counterstrain	ضد استرین
Superficial Postural Muscles	عضلات وضعیتی سطحی	Whiplash	ضریبہ شلاقی
Lower Quarter Muscles	عضلات یک چهارم فوقانی و تحتانی	Foot Slap	ضریبہ کف پا
Spastic Muscle	عضله اسپاستیک	Weakness	ضعف
Static Muscle	عضله استاتیک	Arthrogenous Weakness	ضعف آرتروزی
Splenius Cervicis	عضله بزرگ گردنبندی	Arthrogenic Weakness	ضعف آرتروزی
Dynamic Muscle	عضله پویا	Trigger Point Weakness	ضعف در انر نقاط ماشہ ای
Subscapularis	عضله تحت کتفی	Trigger Points (TrPs)	ضعف در انر نقاط ماشہ ای
Sternocleidomastoid (SCM)	عضله جناغی چنبری پستانی	Weakness	ضعف کاذب
Serratus Anterior	عضله دندانه ای قدامی	Pseudoweakness	ضعف ناشی از سفتی
Reciprocal Muscle	عضله دوطرفه	Tightness Weakness	ضعف ناشی از کشش
Longus Colli	عضله طویل راسی	Stretch Weakness	ضعف و ضعیت قرارگیری
Longus Capitis	عضله طویل گردنبندی	Positional Weakness	طب سوزنی
Transverse Abdominal	عضله عرضی شکم	Acupuncture	طبع دوطرفه حرکت انسان
Phasic Muscle	عضله فازیک	Reciprocal Nature of Human Movement	طرف مقابل
Mylohyoid	عضله فکی لامی	Contralateral	طناب بازنگنده اندام فوقانی
Suprahyoid Muscle	عضله فوق لامی	Upper Extremity Extensor Sling	طناب خم کننده اندام فوقانی
Omohyoid	عضله کفی لامی	Upper Extremity Flexor Sling	طناب های خلفی
Masseter	عضله ماضغه	Posterior Slings	طناب های قدامی
Postural Muscle	عضله وضعیتی	Anterior Slings	طناب های ماریچ
Postural or Antigravity Muscle	عضله وضعیتی یا ضدجاذبه	Spiral Slings	طنابهای عضلانی
Trigger Points (TrPs) Knot	عقدہ نقطه ماشہ ای	Muscle Slings	طول عضله
Extensor Thrust Reaction	عکس العمل تراست بازنگنده	Muscle Length	طوبیل سازی
Reflexive Motor Reaction	عکس العمل حرکتی رفلکسی (بازنگنی)	Elongation	طوبیل شدن غیرفعال
Positive Support Reaction	عکس العمل حمایتی مثبت	Passive Lengthening	عدم هماهنگی عضلانی
Chain Reaction	عکس العمل زنجیره ای	Muscle Incoordination	عصبي عضلانی
		Neuromuscular	عضلات اصلی (اولیه)
		Primary Muscles	



Automatic Activation of Dynamic Stabilizers	فعال سازی خودکار ثبات دهنده های دینامیک	Compensatory Chain Reaction	عکس العمل زنجیره ای جبرانی
Excessive Activity	فعالیت بیش از حد	Functional Neurological Chain Reaction	عکس العمل زنجیره ای عملکردی نورولوژیکی
Compensatory Overactivation	فعالیت بیش از حد جبرانی	Righting Reactions	عکس العمل های تصحیح کننده
Functional Activity	فعالیت عملکردنی	Automatic Postural Reactions	عکس العمل های وضعیتی خودکار
Reactivity	فعالیت مجدد		
Activities Of Daily Living (ADL)	فعالیت های زندگی روزانه	Active Postural Reactions	عکس العمل های وضعیتی فعال
Postural Positioning Activity	فعالیت وضعیت قرارگیری پوسچر	Trendelenburg Sign	علامت ترندلبرگ
Flossing	فلائسینگ	Paretic Signs	علامت ضعف عضلانی
Polio	فلج اطفال	Anterior Drawer Sign	علامت کشویی قدامی
Cerebral Palsy (CP)	فلج مغزی	Classic Sign	علامت کلاسیک
Pseudoparesis	فلجی کاذب	Interaction	عمل مقابل
Bouncy	فرنی	Reverse Action	عمل معکوس
Fibromyalgia	فیبرومالژیا	Biomechanical Function	عملکرد حرکتی درشت
Feedback	فیدبک (بازخورد)	Gross Motor Function	عملکرد زنجیره باز
Feed-forward	فیدفوروارد (پیشخوراند)	Open Chain Function	عملکرد زنجیره باز معکوس
Phylogenetically	فیلوزنیتیک	Reverse Open Chain Function	عملکرد عصبی عضلانی
Phylogenetically	فیلوزنیتیک	Neuromuscular Function	عملکرد حرکتی فیزیولوژیکی
Contractile	قابل انتباخت	Physiological Function	عملکرد وضعیتی
Sherrington's Law of Reciprocal Inhibition	قانون مهار متقابل شرینگتون	Postural Function	عملکردی
Functional Strength	قدرت عملکردنی	Functional	غیر انتباختی
Primary Motor Cortex	قشر حرکتی اولیه	Noncontractile	فاسیای پشتی کمری
Deafferentation	قطع اعصاب آوران	Thoracolumbar Fascia	فاسیا
Rib Cage	قصمه سینه	Fascia	فاسیای عضلانی مفصلی
Inverted Cone	قیف (مخروط) معکوس	Arthromyofascial	فقق کاذب
Efficient	کارآمد	Pseudohernia	فراخوانی
Inguinal Canal	کانال کشاله رانی	Recruitment	فراخوانی ساختار عضلانی
Semicircular Canals	کانال های نیم دایره ای	Recruitment of the Musculature	فراخوانی نهفته
Scapular Tipping	کج شدن کتف ها (برآمدگی زاویه تحتانی کتف)	Latent Recruitment	فرد دارای فلجه کاذب
Spasmodic Torticollis	کج گردنی اسپاسمودیک	Pseudoparetic	فرکاسن تحریک (فایرینگ)
SI Joint Distortion (Faulty Alignment)	کجی (راسنای غلط) مفصل خاجی خاصره ای	Firing	فشار
Quick Stretch	کشش سریع	Compression	فشار بیوفیدیک
Specific Stretching	کشش ویژه	Biofeedback Pressure	فعال سازی
Tensor Fascia Latae (TFL)	کشنده پهن نیام	Activation	فعال سازی (نورولوژیک)
Sole of the Foot	کف پا	Vertical (Neurological) Activation	عمودی
		Overactivation	فعال سازی بیش از حد
		Maximal Activation	فعال سازی بیشینه

Mobility Restriction	محدودیت موبیلیتی	Cavus Feet	کف پای قوس دار (افزایش قوس پا)
Location of the ROM End Feel	محل حس انتهایی دامنه حرکتی	Global	کلی (عمومی)
Motor Neuron Pools	مخازن نورون حرکتی	Low Back Pain	کمر درد
Antagonist	مخالف	Chronic Low Back Pain	کمر درد مزمن
Pain Adaptation Model	مدل تطبیق درد	Control	کنترل
Pain Adaptation Model	مدل تطبیق درد	Motor Control	کنترل حرکتی
Model of Lumbar Stability	مدل ثبات کمری	Neuromuscular Control	کنترل عصبی عضلانی
Neuromusculoskeletal Model	مدل عصبی عضلانی اسکلتی	Segmental Control and Support	کنترل و حمایت سگمنتال
Premovement Phase	مرحله پیش حرکتی	Coper	کوپر
Stance Phase	مرحله سکون	Shortness	کوتاهی
Final Phase of the Movement	مرحله نهایی حرکت	True Structural Contractures	کوتاهی های ساختاری حقیقی
Terminal Stance	مرحله نهایی سکون	Elastic Quality	کیفیت الاستیک
Terminal Swing	مرحله نهایی نوسان	Kinetic	کینماتیک (جنبشی)
Swing Phase	مرحله نوسان	Kinematics	کینماتیک
Center of Gravity (COG)	مرکز نقل (گرانش)	Curling	گردش
Center of Mass (COM)	مرکز جرم	Trunk Curl	گردشدن تن
Instantaneous Center of Rotation	مرکز چرخش آنی	Idiopathic Neck Pain	گردن درد نامشخص
Center of Motion	مرکز حرکت	Cramp	گرفتن
Centration of Joints	مرکز مفصل	Grasping	
Pain Centralization	مرکزی شدن درد	Trigger Points (TrPs) Nodule	گره نقطه ماسه ای
Spinothalamic Tract	مسیر نخاعی تalamوسی	Opposing Muscle Groups	گروههای عضلانی مخالف
Spinocerebellar Tract	مسیر نخاعی مخچه ای	Subacromial (SA)	گیرافتادن تحت آخرمی
Dorsolateral Tracts	مسیرهای پشتی خارجی	Impingement	
Descending Inhibitory Pain Pathways	مسیرهای نزولی مهار درد	Thermoreceptors	گیرنده های حرارتی
Randomized Control Trial	مطالعه تصادفی کنترل شده	Exteroceptors	گیرنده های خارجی
Atlanto-occipital Joint	مفصل اطلسی - پس سری	Pain Receptors	گیرنده های درد
Sacroiliac (SI) Joint	مفصل خاجی خاصره ای	Muscular Receptors	گیرنده های عضلانی
Costovertebral Joint	مفصل دنده ای مهره ای	Mechanoreceptors	گیرنده های مکانیکی
Subtalar Joint	مفصل زیر قابی	First Ray	لبه داخلی بخش داخلی با
Temporomandibular Joint (TMJ)	مفصل گیجگاهی فک تחתانی	Vibration	لرزش
Brugger Concept	مفهوم برآگر	Collateral Ligament	لیگامنت جانبی
Gradual end-feel Resistance	مقاومت تدریجی حس انتهایی	Sacrotuberous Ligament	لیگامنت حاجی نشیمنگاهی
Feed-forward Mechanism	مکانیزم فیدفوروارد	Supraspinatus Ligament	لیگامنت فوق خاری
Screw-Home Mechanism	مکانیزم قفل شدن زانو	Glenohumeral Ligaments	لیگامنت های گلنوهومرال
Tensor Mechanism	مکانیزم کشیده (تسور)	Macrotrauma	ماکروتروما
Static Mechanisms	مکانیزم های استاتیک	Rubbing	مالیدن
Dynamic Mechanisms	مکانیزم های داینامیک	Origin	مبدأ
		Limits of Stability (LOS)	محدوده های ثبات



Trigger Points (TrPs)	نقاط ماسه ای	Open-loop Feed-forward Mechanisms	مکانیزم های فیدفوروارد حلقه باز
Active TrPs	نقاط ماسه ای فعال	Gait Mechanic	مکانیک راه رفت
Active Myofascial TrPs	نقاط ماسه ای مایوفاصلی ای فعال	Length-tension Curve	منحنی طول-تنش
Latent TrPs	نقاط ماسه ای نهفته	Meniscectomy	منیسککتومی
Satellite Triggers	نقاط ماسه ای وابسته	Inhibition	مهار
Anticipatory Role	نقش پیش بین	Arthrogenic Inhibition	مهار آرتوژنیک
Stabilizing Role	نقش ثابت کنندگی (ثبات دهنده‌گی)	Reciprocal Inhibition	مهار مقابله
Impairment	نقص	Basic Life Skills	مهارت‌های پایه زندگی
Motor and Sensory Deficit	نقص حرکتی و حسی	Profound Inhibition	مهار عمیق
ACL Deficiency	نقص رباط منقطع قدامی	Agonist	موافق
Global Postural Stability Deficits	نقص های کلی ثبات وضعیتی	Mobilization	موبیلیزیشن (جنیش پذیری)
Biopsy	نمونه برداری سوزنی (پایوپسی)	Central Pattern Generators (CPGs)	مولدهای الگوی مرکزی
Tight Iliotibial (IT) Band	نوار خاصره ای درشت نی سفت	Trapezius Myalgia	میالژیای عضله ذوزنقه ای
Taut Band	نوار سفت	Midbelly	میان شکم
Neuroflexive	رفلاکس (بازتاب) عصبی	Dose	میزان (دُر)
Neurologist	عصب شناس	Microspasticity	میکرو اسپاستیسیتی
Neurological	عصب شناختی (نورولوژیکی)	Microtrauma	میکروتروما
Inhibitory Interneuron	نورون های بیناینبی مهاری	Myotatic	میوتاتیک
Alpha Motor Neurons	نورون های حرکتی آلفا	Myotome	میوتوم
Gamma Motor Neurons	نورونهای حرکتی گاما	Myofibroblastic	میوفیبروبلاستیک
Initial Swing	نوسان اولیه	Microinstability	نایابیداری (ی تیاتی) کوچک
Midswing	نوسان میانی	Ankle Instability	نایابیداری مج پا
Postural Sway	نوسان وضعیتی	Premotor Area	ناحیه پیش حرکتی
Dry Needling	نیدلینگ خشک	Supplemental Motor Area	ناحیه حرکتی مکمل
Tension Force	نیروی تنشی	Muscle Cross-sectional Area	ناحیه سطح مقطع عضله
Compression Force	نیروی فشاری	Active Insufficiency	ناکارآمدی فعال
Subconscious	نیمه هوشیارانه	Intertuberailar Sulcus	ناودان دوسری
Hyperalgesic	هایپرالجسیک	Smooth	نرم (روان)
Hyperpolarization	هایپرپولاrizاسیون	Retractile	نزدیک شونده (جمع شونده)
Hypertonia	هایپر تونی	Excessive Scapular Adduction	نزدیک کردن بیش از حد کتف
Hypotonic Arthro-tendomyosis	هایپر تونی عضلانی - وتری - مفصلی	Clinical Indicators	نشانه های بالینی
Hypertonicity	هایپر تونیسیته	Neurological Paradigm	نظریه نورولوژیکی
Hyperalgesia	هایپرآلجسیا	Neurological Paradigm of Muscle Imbalance	نظریه نورولوژیکی عدم تعادل عضلانی
Hyperhydrosis	هایپر هیدروزیس	Motor Points	نقاط حرکتی
Abdominal Core	حسنہ شکمی	Tender Points	نقاط حساس
Ipsilateral	همان طرف	Acute Trigger Points (TrPs)	نقاط ماسه ای حاد
Hemiplegia	همی پلازی		

Hypopronation	هیپوپرونیشن
Hypotonia	هیپوتون شدن
Hypotonic or Inhibited	هیپوتون یا مهار شده
Hydrokinetic	هیدرولینتیک
Histamine	هیستامین
Nociceptive	وابسته به درد
Neural Control Unit	واحد کنترل عصبی
Inflammatory Mediators	واسطه های التهابی
Kneading	ورز دادن
Ideal Posture	وضعیت بدنی (پوسجر) ایده آل
Brugger Sitting Posture	وضعیت بدنی نشسته برآگر
Postural Position	وضعیت پوسجر
Hook-lying Position	وضعیت خوابیدن قلابی شکل
Position	وضعیت قرارگیری
Positioning	وضعیت قرارگیری
Resting Position	وضعیت قرارگیری استراحت
Visual Position	وضعیت قرارگیری بصری
Posterior Positioning of the Pelvis	وضعیت قرارگیری خلفی لگن
Head Position	وضعیت قرارگیری سر
Poor Sitting Posture	وضعیت نشستن ضعیف
Sustained Position	وضعیت نگهدارنده
Varus Position	وضعیت واروس (انحراف به داخل)
Habitual Positions	وضعیتهای عادتی
Postural	وضعیتی
Basic Viscoelastic Properties of The Soft Tissues	ویزگیهای ویسکوالاستیک پایه بافت های نرم
Basic Viscoelastic Properties of The Muscle	ویزگی های ویسکوالاستیک پایه عضله
Viscoelastic	ویسکوالاستیک
Defective Motor Learning	یادگیری حرکتی ناقص
Defective Motor Learning	یادگیری حرکتی ناقص
Joint Congruency	یکپارچگی مفصل

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